


January

FITNESS CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Happy New Year!!	2 6:30pm – Zumba Toning 7:30pm – Aqua 7:30-8:30pm – Lap Swim	3 9am – Platinum Zumba	4 9:30am – TBR
5 3-5pm - Lap Swim 4pm – Aqua 2.0	6 9am – Platinum Zumba 6pm – TBR 7:30-8:30pm – Lap Swim	7 7:30pm – Aqua 2.0 7:30-8:30pm – Lap Swim	8 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	9 6:30pm – Zumba Toning 7:30pm – Aqua 7:30-8:30pm – Lap Swim	10 9am – Platinum Zumba	11 9:30am – TBR
12 3-5pm - Lap Swim 4pm – Aqua 2.0	13 9am – Platinum Zumba 6pm – TBR 7:30-8:30pm – Lap Swim	14 7:30pm – Aqua 2.0 7:30-8:30pm – Lap Swim	15 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	16 6:30pm – Zumba Toning 7:30pm – Aqua 7:30-8:30pm – Lap Swim	17 9am – Platinum Zumba	18 9:30am – TBR
19 3-5pm - Lap Swim 4pm – Aqua 2.0	20 9am – Platinum Zumba 6pm – TBR 7-8:30pm – Lap Swim	21 7:30pm – Aqua 2.0 7:30-8:30pm – Lap Swim	22 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	23 6:30pm – Zumba Toning 7:30pm – Aqua 7:30-8:30pm – Lap Swim	24 9am – Platinum Zumba	25 9:30am – TBR
26 3-5pm - Lap Swim 4pm – Aqua 2.0	27 9am – Platinum Zumba 6pm – TBR 7:30-8:30pm – Lap Swim	28 7:30pm – Aqua 2.0 7:30-8:30pm – Lap Swim	29 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	30 6:30pm – Zumba Toning 7:30pm – Aqua 7:30-8:30pm – Lap Swim	31 9am – Platinum Zumba	 Franklin Parks & Recreation