


April

FITNESS CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <u>10am</u> – Chair Zumba <u>7:30pm</u> – Aqua 2 <u>7:30-8:30pm</u> – Lap Swim	3 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR (Total Body Reset) <u>6pm</u> – CycleFit	4 <u>6:30pm</u> – Zumba Toning <u>7:30pm</u> – Aqua <u>7:30-8:30pm</u> – Lap Swim	5 <u>9am</u> – Platinum Zumba	6 <u>9:30am</u> – TBR
7 <u>3-5pm</u> - Lap Swim <u>4pm</u> – Aqua 2.0	8 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>7:30-8:30pm</u> – Lap Swim	9 <u>10am</u> – Chair Zumba <u>7:30pm</u> – Aqua 2 <u>7:30-8:30pm</u> – Lap Swim	10 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	11 <u>6:30pm</u> – Zumba Toning <u>7:30pm</u> – Aqua <u>7:30-8:30pm</u> – Lap Swim	12 <u>9am</u> – Platinum Zumba	13 <u>9:30am</u> – TBR
14 <u>3-5pm</u> - Lap Swim <u>4pm</u> – Aqua 2.0	15 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>7:30-8:30pm</u> – Lap Swim	16 <u>10am</u> – Chair Zumba <u>7:30pm</u> – Aqua 2 <u>7:30-8:30pm</u> – Lap Swim	17 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	18 <u>6:30pm</u> – Zumba Toning <u>7:30pm</u> – Aqua <u>7:30-8:30pm</u> – Lap Swim	19 <u>9am</u> – Platinum Zumba	20 <u>9:30am</u> – TBR
21 <u>3-5pm</u> - Lap Swim <u>4pm</u> – Aqua 2.0	22 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>7:30-8:30pm</u> – Lap Swim	23 <u>10am</u> – Chair Zumba <u>7:30pm</u> – Aqua 2 <u>7:30-8:30pm</u> – Lap Swim	24 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	25 <u>6:30pm</u> – Zumba Toning <u>7:30pm</u> – Aqua <u>7:30-8:30pm</u> – Lap Swim	26 <u>9am</u> – Platinum Zumba	27 <u>9:30am</u> – TBR
28 <u>3-5pm</u> - Lap Swim <u>4pm</u> – Aqua 2.0	29 <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>7:30-8:30pm</u> – Lap Swim	30 <u>10am</u> – Chair Zumba <u>7:30pm</u> – Aqua 2 <u>7:30-8:30pm</u> – Lap Swim				 Franklin Parks & Recreation