

June

Fitness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>9am-11am</u> - Lap Swim/Water Walking <u>930am-1030am</u> – Aqua 2.0	2 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR	3 <u>9am-11am</u> - Lap Swim/Water Walking <u>10am</u> – Chair Zumba <u>930am-1030am</u> – Aqua 2.0	4 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	5 <u>9am-11am</u> - Lap Swim/Water Walking <u>6:30pm</u> – Zumba Toning- <u>930am-1030am</u> – Aqua 2.0	6 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba	7 <u>9am-11am</u> - Lap Swim/Water Walking <u>9:30am</u> – TBR 10am- Aquacise
8 <u>9am-11am</u> - Lap Swim/Water Walking <u>930am-1030am</u> – Aqua 2.0	9 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR	10 <u>9am-11am</u> - Lap Swim/Water Walking <u>10am</u> – Chair Zumba <u>930am-1030am</u> – Aqua 2.0	11 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	12 <u>9am-11am</u> - Lap Swim/Water Walking <u>6:30pm</u> – Zumba Toning- <u>930am-1030am</u> – Aqua 2.0	13 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba @ the Amp	14 <u>9am-11am</u> - Lap Swim/Water Walking <u>9:30am</u> – TBR 10am- Aquacise
15 <u>9am-11am</u> - Lap Swim/Water Walking <u>930am-1030am</u> – Aqua 2.0	16 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR	17 <u>9am-11am</u> - Lap Swim/Water Walking <u>10am</u> – Chair Zumba <u>930am-1030am</u> – Aqua 2.0	18 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	19 <u>9am-11am</u> - Lap Swim/Water Walking <u>6:30pm</u> – Zumba Toning- <u>930am-1030am</u> – Aqua 2.0	20 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba	21 <u>9am-11am</u> - Lap Swim/Water Walking <u>9:30am</u> – TBR 10am- Aquacise
22 <u>9am-11am</u> - Lap Swim/Water Walking <u>930am-1030am</u> – Aqua 2.0	23 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR	24 <u>9am-11am</u> - Lap Swim/Water Walking <u>10am</u> – Chair Zumba <u>930am-1030am</u> – Aqua 2.0	25 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR <u>6pm</u> – CycleFit	26 <u>9am-11am</u> - Lap Swim/Water Walking <u>6:30pm</u> – Zumba Toning- <u>930am-1030am</u> – Aqua 2.0	27 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba @ the amp	28 <u>9am-11am</u> - Lap Swim/Water Walking <u>9:30am</u> – TBR 10am- Aquacise
29 <u>9am-11am</u> - Lap Swim <u>930am-1030am</u> – Aqua 2.0	30 <u>9am-11am</u> - Lap Swim/Water Walking <u>9am</u> – Platinum Zumba <u>6pm</u> – TBR					 Franklin Parks & Recreation

