# The Chatter

Engage whatever your age... helping seniors engage, enrich, and empower their lives!

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August 2025

Franklin Active Adult Center
Franklin, IN 46131

### **INFORMATION**

#### **MANAGER'S MINUTE**

Hello Members,

I hope everyone is enjoying the beautiful building. We will adjust things as needed over the next several months and figure out what works best.

Starting in August we will be open one evening a month. The first evening will be Tuesday, August 12th from 6:00 pm to 8:30 pm for members. We will be having a game night with cards, pool, board games, corn hole. Please, come join us.

We again want to express our thanks to every one that made this building possible and all the hard work that was done to make the move happen.

Please notice on the Chatter that we are changing crafts on Tuesday to 12:30 pm. We are looking at more activities that can be added.

Always a big thank you to all my staff for getting through the last 13 months and assisting at opening the new and improved Franklin Active Adult Center.

Glenna Escher, Center Manager

Have you shared your ideas with Glenna yet? Please do!



#### **CENTER INFORMATION**

Active Adult Center160 Adams St. Franklin, IN 46131 317-736-3696

Website: www.franklin.in.gov

OPEN Monday through Friday 9:00 am – 3:00 pm

Ages 55+

Membership fees:

City of Franklin resident \$25/year

Outside Franklin City limits \$50/year

The mission of the Active Adult Center is to engage with seniors in promoting healthy aging, social connection and lifelong learning.

#### CONTACTS

#### **Rocky Stultz**

Assistant Superintendent, Franklin Parks & Recreation rstultz@franklin.in.gov

Glenna Escher

Center Manager gescher@franklin.in.gov Parks Make Life Better!\*

#### **Program Assistants**

Cora Gibbs
Susi Hoskins
Debbie Lock
Rona Martin
Kelsey Janeria
DJ Parker
Sue Kincaid
Laura Haw

#### **Luan Deskins**

Office Manager, Newsletter Editor ldeskins@franklin.in.gov

You can view *The Chatter* online at *mycommunityonline.com to receive it by email, franklinin.myrec.com/info/default.aspx* or pick up a copy at the Active Adult Center or Franklin Parks & Rec.

### **APPRECIATION**



#### **BINGO SPONSORS**

Franklin Meadows & Hickory Creek
Women of the Moose
The Insurance Guy
Compass Park
Grand Victorian
Cedar Creek
Humana
Crestwood Village South

#### **WELLNESS AWARD SPONSOR**

Frechette Eye Center

#### **LUNCH SPONSORS**

Morning Pointe of Franklin Shiloh Community Church Astral at Franklin Compass Park AAC Member Donations

**Birthday Sponsor** 

## SPECIAL SPONSORS/PARTNERS

Great Harvest Food Pantry
Johnson County Senior Services
Franklin Parks & Recreation
Zeta Chapter of Tri Kappa, Inc.
Main Street Hospice
A Senior Retreat

Contact Johnson County Senior Services to learn more about senior transportation opportunities, including transport to the Active Adult Center. (317-738-4544)

# Special Thanks

Morning Pointe of Franklin

Astral

**Compass Park** 

Franklin Meadows

**Hickory Creek** 

Humana

**Grand Victorian** 

Willow Creek Band

Franklin Parks & Rec

**Johnson County Senior Services** 

**AAC Members and Volunteers** 

ALL sponsors/partners/friends, past, present, and future!

Thank you, Jenna! We appreciate the meals, bingo prizes and your time presenting!

Thank you, Compass Park for your support!!



## **SPECIALS**

Handcrafter's Club
Friday, August 8, 2025 11-2
Bring your current project to work on!
(Diamond Dot, Quilting, Crocheting, Knitting, etc.)

Evening Activity Tuesday, August 12, 2025 6-8:30 pm

#### **TRIVIA**

Wednesday, August 13, 2025 11:00 am Compete for prizes!

Book Club Friday, August 15, 2025 11:00 am



Bingo with Humana Monday, August 4, 2025

Bingo with Franklin Meadows/Hickory Ck Monday, August 11, 2025

Bingo with Grand Victorian Wednesday, August 13, 2025

Bingo with Cedar Creek Monday, August 18, 2025

Bingo with Compass Park Wednesday, August 20, 2025

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## FREE LUNCH FROM COMPASS PARK

Wednesday, August 20, 2025 Noon
Provided by your friends at Compass Park

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#### **PITCH IN**

Wednesday, August 27, 2025

11:30 am

Please sign up and list the item(s) you will bring! (by the sign-in book)

Beverages and serving utensils will be provided. (Please do not bring utensils)



#### August Birthday Party

Cupcakes & Ice Cream Friday, August 29, 2025 11:30 am

Celebrating all August Birthdays!

317-736-3696 4

## **ANNOUNCEMENTS**

#### WINNER, WINNER

Vicki Thornburg won a \$10.00 Kroger gift card, courtesy of Frechette Eye Center, in this month's Wellness Drawing. Cleo Johnson won the word search drawing and Karen McCain won a coloring book. Well done! All winners were chosen by random drawing. If you aren't sure how to enter, please ask! Winners listed above should see Luan to claim your prize!



We are offering an evening event once a month on a trial basis. Please join us for these specially planned evenings! Information will be found on the calendar and on the specials page (pg 4)

To get the AAC Chatter online...
Go to <a href="https://franklinin.myrec.com/">https://franklinin.myrec.com/</a>
info/default.aspx
Click on View All
Click on the Chatter



#### August

Barbara Weingart
Glenna Escher
Susan Newman-Bourne

Rod Williamson

Barbara Painter

Pat Graves

Jeff Hamilton

Rosalie Hyde

Lisa Browning

Randy Bowden

Dale Voss

Tracy Stubbeman

Sandy Richards

Debbie Andreas

Diana Tames

Kelly Roe

June Hobson

Connie Onken

Rosie Scott

Ernie Hoskins

Sandra Dickinson

Lyn Jerkins

Barb Cohoon

Gloria Eaton

Janene Nichols

Kathy Dilk

Rebecca McCreery

Rita Horton

Hilda Crosley

Diane Englau

Rick Reel

Marlene Harris

Lyman Snyder

Karen Wright

Robert Murray

Jim Church

Diana Moore

Debbie Ratliff

Bret Hawhee

Regina Bollinger

Kathy Diehl

Please let us know if anyone is missed. Our apologies as our report is automated.

## PROGRAMMING AND ACTIVITIES

#### **BIBLE STUDY**

Tuesday morning at 9:15 am is a time of fellowship and learning under the guidance of AAC member, Karyl Entner. Music, storytelling, and always a Bible passage explained. Meet with this group to share prayer burdens, encouragement and something challenging to take you through the week. (Library)

**COLORING** sheets and "brain-teaser" sheets are available in the entrance. Return sheets to the blue basket in the entrance for the random monthly prize drawing.

#### SERVICE PROJECTS

Members can join in on making/preparing items to donate to charities. We will meet monthly on the first Friday of the month at 11:30 AM (ER)

## <del>aaaaaaaaaaaaaaaaaaaaaaaaaa</del>

#### **BIRTHDAY PARTY**

Party with us on the **last Friday** of the month as we celebrate monthly birthdays.

Cupcakes and ice cream at 11:30 am!

(Event Room)

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#### WILLOW CREEK BAND

Please join us for great music by the guys with Willow Creek Band! The last Friday of the month from 12:00—2:00 (Event Room)

#### **CRAFTY CLUB WITH STAFF**

Tuesday's at 12:30 pm. A variety of craft projects will be offered.

Please sign up to participate in crafts. The page will be at our sign in table daily.

We will also take monetary donations during crafts. (Event Room)

## 

#### **JOYFUL NOISE SINGERS**

Do you like to sing? *Joyful Noise* meets every Monday morning at 10:45 am. Sing along to oldies, classics, hymns, and more. Everyone is welcome! oldies, classics, hymns, and more. Everyone is

(Auditorium)

#### ....................................

#### HANDCRAFTERS CLUB

Bring your own handcraft such as quilting, knitting, crocheting, etc. and visit with your fellow crafters while creating. Meets on the second Friday of the month at 11:00 am. There will be a 3 hour block of time for this activity. (Event Room)

#### **OUILTERS CLUB**

Meeting monthly on Thursday at 1:00 for a quilt block of the month.

#### **BOOK CLUB**

Book lovers will discuss selected material with Karen. Meets on the 3rd Friday of the month at 11:00 am (**Library**)

#### **LUNCH BUNCH & TRIPS**

The latest trip information can be found on page 10.

Come to the AAC!

"Where the young at heart gather to share old memories ...and make new ones!"

## **PROGRAMMING AND ACTIVITIES**



**BINGO:** Play bingo at 1:00 pm on Monday and Wednesday afternoons. Play for regular, special and cover-all wins for a *donation* of \$1.00 per card, up to 4 cards (Event Room)

**BOARD GAMES:** Choose your favorite from the game shelf & gather friends to play.

#### **CARDS:**

Monday 11:30 Pinochle (Game Room)

Tuesday 11:30 Bid Euchre (Game Room)

Wednesday 9:45 Bridge (Game Room)

11:00 Hand & Foot (Game Room)

Thursday 11:30 Euchre (Event Room)Friday 11:30 Open Cards (Game Room)

See member Lyn Jerkins for more details (willing to teach beginners)

**MEXICAN TRAIN DOMINOES:** Monday at 11:00 AM. All are welcome to play! **(Event Room)** 

**PUZZLES:** A jigsaw puzzle is always in progress. Why not add a piece or two? **(Library)** 



**CHAIR DANCING:** This dvd-based program meets Mondays, Wednesday and Friday at 9:15. Chair dance and sing along to lively tunes! Good for beginners, those who like a slower, more gentle pace for exercise, and music lovers! Fun for everyone! **(Auditorium)** 

**CHAIR YOGA**: Led by certified yoga instructor and therapist Dee Woods on Tuesday at 10:45 am. Pay \$2.00 per class. Experience the benefits of yoga in a chair based setting. **(Auditorium)** Chair Yoga Video will be on Thursdays at 10:45. Free on Thursdays **(Auditorium)** 

**CHAIR EXERCISE:** Chair based group exercise program on dvd. Monday, Wednesday and Friday at 10:00 am. Low impact, strengthen core, improve cardio, increase endurance. *(FREE)* (Auditorium)

**TAI CHI:** Slow movement, stretching and mindfulness program to help maintain strength, flexibility and balance. Tuesdays and Thursdays at 10:00 am (Free) (Auditorium)

Sign and date a ticket and deposit into the "Wellness Can" after any group exercise for a chance to win the Wellness Prize \$10.00 Gift Card in the monthly drawing sponsored by Frechette Eye Center. Chair Dancing, Simply Seated, Tai Chi and Chair Yoga all count! Sign and date a wellness ticket each time you exercise for your chance to win!

## **AUGUST**

Monday	TUESDAY	WEDNESDAY
4 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER) Humana	9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER)	6 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Brad GC 12:00 Lunch (ER) 1:00 Bingo (ER)Guardian Care
9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)FM/HC	9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER) 6-8:30 Games Night (page 4)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Trivia Contest( ER) 12:00 Lunch (ER) 1:00 Bingo (ER) Grand Vic
18 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)Cedar Ck	19 LUNCH BUNCH 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Morning Point 12:00 Lunch (ER) Compass 1:00 Bingo (ER) Compass Pk
25 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)	9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Jordan Curtis 11:30 Pitch –In 1:00 Bingo (ER)

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	THURSDAY	FRIDAY
		9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Service Projects 11:30 Open Cards (GR) 1:00 Texas Hold'em (ER)
7	9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Quilter's Club (AUD)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Handcrafters Club (ER) 11:30 Open Cards (GR) 1:00 Corn Hole (AUD/PAT) 1:30 Book Mobile (LO)
14	TRIP 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Pool (GR)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Book Club (LIB) 11:30 Open Cards (GR) 1:00 Tea Time (ER)
21	9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Line Dancing (AUD)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Open Cards (GR) 12:30 Popcorn & Movie (AUD) Grease
28	9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Pool (GR)	9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Open Cards (GR) 11:30 Birthday Party (ER) 12:00 Willow Creek Band (ER)

This calendar is subject to change.

We apologize for any inconvenience or errors.

Feel free to call/ask to confirm activities.

#### AAC Room Legend

Auditorium AUD
Event Room ER
Game Room GR
Library LI
Lobby LO
Patio PAT



"Happiness is not having what you want, but wanting what you have"
-Hyman Schachtel

#### AAC ON THE GO 2025

**Please read trip information carefully.** The *AAC Code of Conduct* applies in its entirety to trips as well as at the AAC. Trips open and sign up begins on the date listed in the newsletter. All sign ups must be made **in person**. Payment terms are noted for each trip. If the trip requires payment at sign up you **must** pay at that time to secure your seat. No seats can be held in anticipation of later payment.

No refunds can be issued unless the **trip** is cancelled. Please ask if you have any questions.

Please arrive 15 minutes before the stated departure time. This information is listed in the trip details.

All passengers on the van are required to wear a seat belt. Courtesy is expected at all times.

TRIPS ARE BACK! Refer to the Chatter each month to verify which trips are open. When the trip seat limit is reached we will be happy to add your name to a "Wait List" to indicate your interest in the trip and you will be notified in order if a seat opens up.

#### PLEASE NOTE: We will be meeting at the AAC for LB/trips beginning JULY 2025!

#### **AUGUST:**



#### Stream Cliff Farms, Commisky—Thursday, August 14, 2025

Sign Up Monday, August 4, 2025 9:00 am
Cost \$6.00 plus the cost of purchases, meal and gratuity
Time: Meet at 9:45 am Depart at 10:00 am
Minimum 8, Maximum 19 (14 bus/5 van)

Lunch Bunch: Grillerz, Nineveh-Tuesday, August 19, 2025

Sign up Monday, August 4, 2025 9:00 am Cost \$ 3.00 plus the cost of meal and gratuity Time: Meet at 10:30 am Depart at 10:45 am Minimum 7, Maximum 14 ( 14 bus)

#### **SEPTEMBER:**

#### Mitchell Persimmon Festival, Thursday, September 25, 2025

Sign up Tuesday, September 2, 2025, 9 AM
Cost \$8.00 plus the cost of purchases, meal and gratuity
Time: Meet at 9:15 am Depart at 9:30 am
Minimum 8, Maximum 19 (14 bus/5 van)



Lunch Bunch: Crow Bar, Trafalgar, Tuesday, September 16, 2025

Sign up Tuesday, September 2, 2025, 9 am Cost \$3.00 plus the cost of the meal and gratuity Time: Meet at 10:30 am Leave at 10:45 am Minimum 7, Maximum 14 (14 bus)

## **RESOURCES**

Johnson County Senior Services offers transportation for Johnson County residents 60 and older at no charge. Service is door to door and wheelchair accessible. They also offer durable medical equipment and a food pantry. 317-738-4544

The Hub, Impact Christian Church 2800 N. Graham Rd., Franklin Open every Tuesday, 5-6:30 pm

Food, clothing and more! 317-346-0452

Great Harvest Food Pantry
6766 Us Hwy 31 N, New Whiteland. 317-657-4998
Senior Community Day 12-1:45 pm 4th Friday.
Age 60+; ID required.

Franklin, United, Needham Township Trustee's Office
20 Circle Drive
317-736-7511

Veterans Affairs

The *Johnson County Veterans Affairs* office is here to assist veterans and their families with VA disability and educational benefits.

Seneca Harbin, Director 18 W. Jefferson St. Franklin, IN 46131 Phone: 317-346-4563

Interchurch Food Pantry of Johnson County 211 Commerce Dr., Franklin, IN 46131 Phone: 317-736-5090 Drive-Thru M-F noon to 3 pm 2nd and 4th Saturdays 9 am—11 am













New Home and Old Friends!





#### **Welcome New Members!!**

Linda Adams
Julie Allen
Donna Dismore
Dee Work
Kimberly Smith
Janet Marchant
Roger Farmer
Diane DukateFarmer
Judith Bealke

Dennis McCreery Rebecca McCreery Gail Carvin Jeff Alford Marsha Alford Carol Dale Michael Dale Rena Cox Marty Johnson James Richardson

Kelly Roe Shirley Roe Barry Ong Julie Adams Doug Adams Annette Wesemann

Arija Wesemann
Paula Dorris
Matt Caddell
Becky Caddell
Alta Hurst
Lyman Snyder
Corbalou Snyder
Nancy Hawhee
Jerry Ann Garrett

Marsha Kosowan Teresa Rigsbee Doug Lechner Cathy Robinette Rob Robinette Andy Richards Sandy Richards Jeanne Brown

Andy Richards
Sandy Richards
Jeanne Brown
Karen Wright
Bret Hawhee
Barbara Helton
Charlene Hawkins
Marlene Rathbun
James Richardson

Mary Coryell Mary E Fletcher Karen Snead

Madelyn Ford

Mary Jo Kazmucha Karen Denton Sandy Harrison Lucilla Abbott Joe Pfenning

Tom Stubbeman Michael Andry Sally Liali

Roger Morrow Randy Andry

Michael Seyfried
Linda Seyfried
Connie Onken
Tina Rogers

Rhonda Grider Barbara Zack Robert Zack

Debbie Andreas Russ Andreas Ann Lietz-Workman Lynn Thompson JR Shelton

Mary Polletta Jim Polletta Becky Voss Dale Voss Bonnie Weddle Dan Weddle

William Betts

Jesse O'Brien Harriett O'Brien Judy Kay MacGreagor Barbara Mexin

Jeff Mexin Emmalea Butler Vickie Delph Lea Brummett Marilyn England

Toni Susemichel

Carol McDonald
Cathy Wells

Leslee Smith Mary Henderson

Marilyn Records Connie Coryle John DeHart Michele Burgess

Karen Strohmeyer Carol Long Anna Banta Rebecca Taylor

Caryl Dill

Maureen Gartland Judith Bruning Judy McGinnis Beverly Henderson Teressa Kleiner Ben Steagall Mary Williams Bridget Griffin Mark Griffin Keith Cohoon Barb Cohoon Maria Poeck



Please welcome our newest members!! Over 100 in the first few weeks at our new center!!