

The Chatter

*Engage whatever your age...
helping seniors engage, enrich, and empower their lives!*

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Christmas in July &
Come 'N Git It



AAC
ON THE
GO!!



September 2025

Franklin Active Adult Center
Franklin, IN 46131

INFORMATION

MANAGER'S MINUTE

Hello Members,

I hope everyone is feeling like they are getting use to the new routine. We are excited to see our numbers grow, we have added at least 140 new members since we have opened. Thank you for making them feel welcome. As the groups grow we will make changes as needed. Remember we are now open on Friday's and one evening a month.

Please note we will not be able to except payments for membership after 2:30 pm each day.

Please join us for our evening activities, we had a blast at our event last month. We will not be unlocking the front doors facing Adams for our evening activities, please enter the double door to the parking lot. If you are parking on the street on Adams or Water please do not block the alley or anyone's driveway.

*Glenna Escher,
Center Manager*

*Have you shared your ideas
with Glenna yet? Please do!*



CENTER INFORMATION

Active Adult Center 160 Adams St. Franklin,
IN 46131

317-736-3696

Website: www.franklin.in.gov

OPEN Monday through Friday

9:00 am – 3:00 pm + 1 evening a month

Ages 55+

Membership fees:

City of Franklin resident \$25/year

Outside Franklin City limits \$50/year

**The mission of the *Active Adult Center*
is to engage with seniors in promoting
healthy aging, social connection
and lifelong learning.**

CONTACTS

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Franklin Parks & Recreation

Program Assistants

Cora Gibbs
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Sue Kincaid
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You can view *The Chatter* online at mycommunityonline.com to receive it by email, franklinin.myrec.com/info/default.aspx or pick up a copy at the Active Adult Center or Franklin Parks & Rec.

APPRECIATION



BINGO SPONSORS

Franklin Meadows & Hickory Creek
Women of the Moose
The Insurance Guy
Compass Park
Grand Victorian
Cedar Creek
Humana
Vita of New Whiteland
Main Street Hospice

WELLNESS AWARD SPONSOR

Frechette Eye Center

LUNCH SPONSORS

Morning Pointe of Franklin
Shiloh Community Church
Astral at Franklin
Compass Park
Vita of New Whiteland
Main Street Hospice

Birthday Sponsor

Main Street Hospice

SPECIAL SPONSORS/PARTNERS

Great Harvest Food Pantry
Johnson County Senior Services
Franklin Parks & Recreation
Zeta Chapter of Tri Kappa, Inc.
Main Street Hospice
A Senior Retreat

Contact Johnson County Senior Services to learn more about senior transportation opportunities, including transport to the Active Adult Center. (317-738-4544)

Special Thanks to

Morning Pointe of Franklin

Astral

Compass Park

Franklin Meadows

Hickory Creek

Humana

Grand Victorian

Vita of New Whiteland

Main Street Hospice

Willow Creek Band

Franklin Parks & Rec

Johnson County Senior Services

AAC Members and Volunteers

ALL sponsors/partners/friends, past, present, and future!



SPECIALS

Handcrafter's & Quilter's Club

Friday, September 12, 2025 11-2

Bring your current project to work on!

(Diamond Dot, Quilting, Crocheting, Knitting, etc.)

Evening Activity Movie *Walk the Line* and other activities

Tuesday, September 16, 2025

6-8:30 pm

TRIVIA

Wednesday, September 24, 2025 11:00 am

Compete for prizes!

Book Club

Friday, September 19, 2025 11:00 am



Bingo with Main Street Hospice

Wednesday, September 3, 2025

Bingo with Franklin Meadows/Hickory Ck

Monday, September 8, 2025

Bingo with Grand Victorian

Wednesday, September 10, 2025

Bingo with Cedar Creek

Monday, September 15, 2025

Bingo with Compass Park

Wednesday, September 17, 2025

Bingo with Vita of New Whiteland

Wednesday, September 24, 2025

FREE LUNCH FROM

Morning Pointe

Wednesday, September 3, 2025 Noon

Compass Park

Wednesday, September 17, 2025 Noon

Tea Time

Friday, September 19, 2025 1:00 pm

Enjoy teas, treats and conversation! (ER)

SPEAKERS

Wednesday, September 3, 2025 11:00 am

A Touch of Kindness—Cayla (ER)

Wednesday, September 10, 2025 11:00 am

Affordable Dentures—Dr. Beaverson DDS (ER)

Wednesday, September 17, 2025 11:00 am

Jo Co Museum of History, David Pheiffer(AUD)

PITCH IN

Wednesday, September 24, 2025

11:30 am

Please sign up and list the item(s) you will bring!
(by the sign-in book)

Beverages and serving utensils will be provided.
(Please do not bring serving utensils)



September Birthday Party

Cupcakes & Ice Cream

Friday,

September 26 2025

11:30 am

*Celebrating all
September Birthdays!*

ANNOUNCEMENTS

WINNER, WINNER

Hannelore Smith won a \$10.00 Kroger gift card, courtesy of *Frechette Eye Center*, in this month's *Wellness Drawing*. *Brenda Hendricks* won the *word search drawing* and *Rita Winkler* won a coloring book. ***Well done!*** All winners were chosen by random drawing. If you aren't sure how to enter, please ask! ***Winners listed above should see Luan to claim your prize!***



We are offering an evening event once a month on a trial basis. Please join us for these specially planned evenings! Information will be found on the calendar and on the specials page (pg 4)

Our Annual Flu Clinic and Health/Resource Fair will be on Friday, October 3rd starting at 9:30 am. Save the Date!!

Please note:

We will process payments until 2:30 pm each business day.

To get the AAC Chatter online...
Go to <https://franklinin.myrec.com/info/default.aspx>
Click on View All
Click on the Chatter



September

Griffith Dean
Mary Strohmeier
David Rook
Phyllis Parker
Marcia Kaye
Bridget Griffin
Marianne Black
Sandra Brunmey
Jim Polletta
Kathy Streit
Elspeth Mirchandani
Dorothy Wilds
Vickie Delph
Doug Lechner
Joe Pfenning
Rosemary Pierson
Bob Rash
Rosemary Pierson
Myra Duckworth
Gerald Gaeschke
Margie Zaring
Brenda Luttrell
Bea Chandler
Debra Gibson
Delia Giddens
Joan Douglas
Ann Ellerbrook
Wayne Mayo
Louise Brinkman
Karen Pease
Kay O'Malley
Lenora Fosbender
Dan Weddle
Mary Correll
Mary Henderson
Caryl Dill
Wendy Roll
Linda Adams
Marilyn Thompson
Brenda McKain
Diane Hougham
Bonnie Arnold

*Please let us know if anyone is missed.
Our apologies as our report is automated.*

PROGRAMMING AND ACTIVITIES

BIBLE STUDY

Tuesday morning at 9:15 am is a time of fellowship and learning under the guidance of AAC member, Karyl Entner. Music, storytelling, and always a Bible passage explained. Meet with this group to share prayer burdens, encouragement and something challenging to take you through the week. **(Library)**

COLORING sheets and “brain-teaser” sheets are available in the Event Room Hall. Return sheets to the blue basket in the entrance for the random monthly prize drawing.

SERVICE PROJECTS

Members can join in on making/preparing items to donate to charities. We will meet monthly on the first Friday of the month at 11:30 AM **(ER)**

BIRTHDAY PARTY

Party with us on the **last Friday** of the month as we celebrate monthly birthdays.

Cupcakes and ice cream at 11:30 am!
(Event Room)

WILLOW CREEK BAND

Please join us for great music by the guys with Willow Creek Band! The last Friday of the month from 12:00—2:00 **(Event Room)**

CRAFTY CLUB WITH STAFF

Tuesday's at 12:30 pm. A variety of craft projects will be offered.

Please sign up to participate in crafts. The page will be at our sign in table daily.

We will also take monetary donations during crafts. **(Event Room)**

JOYFUL NOISE SINGERS

Do you like to sing? *Joyful Noise* meets every Monday morning at 10:45 am. Sing along to oldies, classics, hymns, and more. Everyone is welcome!

(Auditorium)

HANDCRAFTERS/QUILTER'S CLUB

Bring your own handcraft such as quilting, knitting, crocheting, etc. and visit with your fellow crafters while creating. Also, a quilt block of the month will be featured. Meets on the second Friday of the month at 11:00 am. There will be a 3 hour block of time for this activity. **(Event Room)**

BOOK CLUB

Book lovers will discuss selected material with Karen. Meets on the 3rd Friday of the month at 11:00 am **(Library)**

LUNCH BUNCH & TRIPS

The latest trip information can be found on page 10.

Come to the AAC!

*“Where the young at heart gather to share old memories
...and make new ones!”*

PROGRAMMING AND ACTIVITIES



BINGO: Play bingo at 1:00 pm on Monday and Wednesday afternoons. Play for regular, special and cover-all wins for a *donation* of \$1.00 per card, up to 4 cards **(Event Room)**

BOARD GAMES: Choose your favorite from the game shelf & gather friends to play.

CARDS:

Monday 11:30 Pinochle **(Game Room)**
Tuesday 11:30 Bid Euchre **(Game Room)**
Wednesday 9:45 Bridge **(Game Room)**
11:00 Hand & Foot **(Library)**
Thursday 11:30 Euchre **(Event Room)**
Friday 11:30 Open Cards **(Game Room)**

See member Lyn Jerkins for more details (willing to teach beginners)

MEXICAN TRAIN DOMINOES: Monday at 11:00 AM. All are welcome to play! **(LI)**

PUZZLES: A jigsaw puzzle is always in progress. Why not add a piece or two? **(LI)**

Sign and date a ticket and deposit into the "Wellness Can" after any group exercise for a chance to win the Wellness Prize \$10.00 Gift Card in the monthly drawing sponsored by Frechette Eye Center. Chair Dancing, Simply Seated, Tai Chi and Chair Yoga all count! Sign and date a wellness ticket each time you exercise for your chance to win!

CHAIR DANCING: This dvd-based program meets Mondays, Wednesday and Friday at 9:15. Chair dance and sing along to lively tunes! Good for beginners, those who like a slower, more gentle pace for exercise, and music lovers! Fun for everyone! **(Auditorium)**

CHAIR YOGA: Led by certified yoga instructor and therapist Dee Woods on Tuesday at 10:45 am. Pay \$2.00 per class. Experience the benefits of yoga in a chair based setting. **(Auditorium)**
Chair Yoga Video will be on Thursdays at 10:45. Free on Thursdays **(Auditorium)**

CHAIR EXERCISE: Chair based group exercise program on dvd. Monday, Wednesday and Friday at 10:00 am. Low impact, strengthen core, improve cardio, increase endurance. *(FREE)* **(Auditorium)**

TAI CHI: Slow movement, stretching and mindfulness program to help maintain strength, flexibility and balance. Tuesdays and Thursdays at 10:00 am (Free) **(Auditorium)**

LINE DANCING: Enjoy dancing with DJ Tuesdays beginning September 9th at 1:30 pm **(Auditorium))**

MONDAY	TUESDAY	WEDNESDAY
1 CLOSED 	2 TRIP/LB SIGN UP 9:00 Coffee & Chat (ER) 9:15 Bible Study (LIB) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR)	3 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Cayla ATOK 12:00 Lunch (ER) MP 1:00 Bingo (ER) Main St H
8 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER) FM/HC	9 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER) 1:30 Line Dancing (AUD)	10 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Affordable Dent 12:00 Lunch (ER) 1:00 Bingo (ER) Grand Vic
15 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER) Cedar Ck	16 LUNCH BUNCH 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER) 1:30 Line Dancing (AUD) 6-8:30 Movie & Games (page 4)	17 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-David-JCHM 12:00 Lunch (ER) Compass 1:00 Bingo (ER) Compass Pk
22 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)	23 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts w/ Staff (ER) 1:30 Line Dancing (AUD)	24 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Trivia Contest (ER) 11:30 Pitch -In (ER) 1:00 Bingo (ER) Vita
29 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)	30 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 12:30 Crafts with Staff (ER) 1:30 Line Dancing (AUD)	

THURSDAY	FRIDAY
4 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Pool (GR)	5 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Service Projects (ER) 11:30 Cards/Pool/Games (GR) 1:00 Chair Volleyball (AUD) w/Morning Pointe
11 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Cora's Travels (AUD)	12 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Handcrafters/ Quilter's Club (ER) 11:30 Cards/Pool/Games (GR) 1:00 Corn Hole (AUD)
18 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Pool (GR)	19 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Book Club (LIB) 11:30 Cards/Pool/Games (GR) 1:00 Tea Time (ER)
25 TRIP 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 1:00 Film (AUD)	26 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Cards/Pool/Games (GR) 11:30 Birthday Party (ER) 12:00 Willow Creek Band (ER)
<p>There are two kinds of people in the world Those who do the work and those who take the credit Try to be in the first group, it's a lot less crowded -Dwight Morrow</p>	

This calendar is subject to change.

We apologize for any inconvenience or errors.

Feel free to call/ask to confirm activities.

AAC Room Legend

Auditorium AUD
 Event Room ER
 Game Room GR
 Library LI
 Lobby LO
 Patio PAT



AAC ON THE GO 2025

Please read trip information carefully. The *AAC Code of Conduct* applies in its entirety to trips as well as at the AAC. Trips open and sign up begins on the date listed in the newsletter. All sign ups must be made **in person**. Payment terms are noted for each trip. If the trip requires payment at sign up you **must** pay at that time to secure your seat. No seats can be held in anticipation of later payment.

No refunds can be issued unless the **trip** is cancelled. Please ask if you have any questions.

Please arrive 15 minutes before the stated departure time. This information is listed in the trip details.

All passengers on the van are required to wear a seat belt. Courtesy is expected at all times.

TRIPS ARE BACK! Refer to the Chatter each month to verify which trips are open. When the trip seat limit is reached we will be happy to add your name to a "Wait List" to indicate your interest in the trip and you will be notified in order if a seat opens up.

PLEASE NOTE: We will be meeting at the AAC for LB/trips beginning JULY 2025!
SEPTEMBER:

Mitchell Persimmon Festival, Thursday, September 25, 2025

Sign up Tuesday, September 2, 2025, 9 AM

Cost \$8.00 plus the cost of purchases, meal and gratuity

Time: Meet at 9:15 am Depart at 9:30 am

Minimum 8, Maximum 19 (14 bus/5 van)



Lunch Bunch: Crow Bar, Trafalgar, Tuesday, September 16, 2025

Sign up Tuesday, September 2, 2025, 9 am

Cost \$3.00 plus the cost of the meal and gratuity

Time: Meet at 10:30 am Leave at 10:45 am

Minimum 7, Maximum 14 (14 bus)

OCTOBER:



Billie Creek Village Covered Bridge Festival, Thursday, October 16, 2025

Sign up Monday, October 6, 2025 9:00 am

Cost \$10 plus the cost of purchases, meal and gratuity

Time: Meet at 9:00 am Depart at 9:15 am

Minimum 6, Maximum 19 (14 bus/5 van)

Lunch Bunch: Ye Old Fish House, Columbus, Tuesday, October 21, 2025

Sign up Monday, October 6, 2025 9:00 am

Cost \$4 plus the cost of the meal and gratuity

Time: Meet at 10:30 am Depart at 10:45 am

Minimum 6, Maximum 14 (14 bus)

RESOURCES

Johnson County Senior Services offers **transportation** for Johnson County residents 60 and older at no charge. Service is door to door and wheelchair accessible. They also offer durable medical equipment and a food pantry. 317-738-4544

The Hub, Impact Christian Church

2800 N. Graham Rd., Franklin

Open every Tuesday, 5-6:30 pm

Food, clothing and more! 317-346-0452

Great Harvest Food Pantry

6766 Us Hwy 31 N, New Whiteland. 317-657-4998

Senior Community Day 12-1:45 pm 4th Friday.

Age 60+; ID required.

Franklin, United, Needham Township Trustee's Office

20 Circle Drive

317-736-7511

Veterans Affairs

The *Johnson County Veterans Affairs* office is here to **assist veterans and their families** with VA disability and educational benefits.

Seneca Harbin, Director

18 W. Jefferson St.

Franklin, IN 46131

Phone: 317-346-4563

Interchurch Food Pantry of Johnson County

211 Commerce Dr., Franklin, IN 46131

Phone: 317-736-5090

Drive-Thru M-F noon to 3 pm

2nd and 4th Saturdays 9 am—11 am



**Tai
Chi**



Bingo



Crafts



Tea Time

Welcome New Members!!

Judy Nichols
Gary Nichols
Brenda Hunter
Diana Lindblom
Myra Otto
Sherry Lemke
Beth Stephens
Deborah Shearer
Danny Harrison
Sharon Harrison
Sue Struckman
Gayla Thompson
Glen Turner
David Hunter
Phyllis Parker
Harold Parker

Kathy Decker
Wayne Mayo
Barbara Bergdall
Gary Phair
Donna Donovan
Diane Hougham
Bev Seller
Donna Harrsch
Mary Cataldi
Mary Davis
Debbie Yohler
Virginia Howard
Mancy Jones
Cheryl Fricke
Donna Wischart
Carol Snyder



Michael Hart
Sharon Miller
Shirley Stringer
Teri Johnson
Debbie Lacefield

Kurt Schletzer
Michelle Pearson
Gayla Pearson
Kris Reider

**“Be the reason
someone smiles.
Be the reason
someone feels
loved and believes
in the goodness
in people.”**

ROY T. BENNETT

Bill Casey's Salsa

Bill Casey

2 cups diced tomatoes
1 cup diced green peppers
1/2 cup jalapenos
1 tsp. salt
1 Tbs. red wine vinegar
2 cloves minced garlic
1/2 cup finely chopped onion

Stir together and refrigerate. Serve with tortilla chips.

