

The Chatter

*Engage whatever your age...
helping seniors engage, enrich, and empower their lives!*

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October 2025

Franklin Active Adult Center

INFORMATION

MANAGER'S MINUTE

Hello Members,

Wow four months in this incredible building! Everyone is doing a great job adjusting to the new schedule and place. We continue to welcome new members. Thank you for making them feel welcome.

Make sure you are reading the chatter we are adding new things. In September we added line dancing and chair volleyball.

We are having Bunco in October to see if there is interest to continue. Starting Thursday October 2nd we will be offering a matter of balance class. This class will meet for 8 weeks. Also, Lyn is giving instruction for Euchre weekly through October.

Don't forget we are open a evening a month from 6:00 to 8:30pm.

*Glenna Escher,
Center Manager*

*Have you shared your ideas
with Glenna yet? Please do!*



CENTER INFORMATION

Active Adult Center 160 Adams St. Franklin,
IN 46131

317-736-3696

Website: www.franklin.in.gov

OPEN Monday through Friday

9:00 am – 3:00 pm + 1 evening a month

Ages 55+

Membership fees:

City of Franklin resident \$25/year

Outside Franklin City limits \$50/year

**The mission of the *Active Adult Center*
is to engage with seniors in promoting
healthy aging, social connection
and lifelong learning.**

CONTACTS

Rocky Stultz

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Franklin Parks & Recreation
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Center Manager
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Franklin Parks & Recreation

Program Assistants

Cora Gibbs
Susi Hoskins
Debbie Lock
Rona Martin
Kelsey Janeria
DJ Parker
Sue Kincaid
Laura Haw

You can view *The Chatter* online at mycommunityonline.com to receive it by email, franklinin.myrec.com/info/default.aspx or pick up a copy at the Active Adult Center or Franklin Parks & Rec.

APPRECIATION



BINGO SPONSORS

Franklin Meadows & Hickory Creek
Women of the Moose
The Insurance Guy
Compass Park
Grand Victorian
Humana
Vita of New Whiteland
Main Street Hospice
Greenwood Village South
CapTel

WELLNESS AWARD SPONSOR

Frechette Eye Center

LUNCH SPONSORS

Morning Pointe of Franklin
Shiloh Community Church
Astral at Franklin
Compass Park
Vita of New Whiteland
Main Street Hospice

SPECIAL SPONSORS/PARTNERS

Great Harvest Food Pantry
Johnson County Senior Services
Franklin Parks & Recreation
Zeta Chapter of Tri Kappa, Inc.
Main Street Hospice
A Senior Retreat

Contact Johnson County Senior Services to learn more about senior transportation opportunities, including transport to the Active Adult Center. (317-738-4544)

Special Thanks to

Morning Pointe of Franklin

Astral

Compass Park

Franklin Meadows

Hickory Creek

Humana

Grand Victorian

Vita of New Whiteland

Main Street Hospice

Affordable Dentures

ComForCare

Willow Creek Band

Franklin Parks & Rec

Johnson County Senior Services

AAC Members and Volunteers

ALL sponsors/partners/friends, past, present, and future!



SPECIALS

Evening Activity Halloween Night

Costumes encouraged!

Tuesday, October 7, 2025

6-8:30 pm

Movie: Hocus Pocus, Trivia, Stories & Games

FREE LUNCH FROM

Astral

Wednesday, October 8, 2025 Noon

Compass Park

Wednesday, October 15, 2025 Noon

Are you ready for BUNCO??

It has been added to the calendar!!

Please join us on

October 17th at 1 PM (LI)

Corn Hole

Friday, Oct 17, 2025 12:00 (AUD)



Bingo with Main Street Hospice

Wednesday, October 1, 2025

Bingo with Humana

Monday, October 6, 2025

Bingo with Grand Victorian

Wednesday, October 8 2025

Bingo with CapTel

Wednesday, October 22

Bingo with Greenwood Village South

Monday, October 27, 2025

Bingo with Vita of New Whiteland

Wednesday, October 29, 2025

Cora's Travels

Friday, Oct 10, 2025 12:00 (AUD)

Share Your Talent

Friday, Oct 10, 2025 1:00 (AUD)

Please sign up!

Movie & Popcorn—Second Hand Lions

Friday, Oct 24, 2025 12:30 (AUD)

TRIVIA

Wednesday, October 29, 2025 11:00 am

Compete for prizes!

SPEAKERS

Wednesday, October 1, 2025 11:00 am

BMO Bank-Josh Wilson (ER)

Wednesday, October 8, 2025 11:00 am

Flinn Maguire Funeral Home-Kim Thompson (ER)

Wednesday, October 15, 2025 11:00 am

Seniors Helping Seniors—Buffy Powers (ER)

Wednesday, October 22, 2025 11:00 am

CapTel –Ron Renforth (ER)

PITCH IN

Wednesday, October 29, 2025

11:30 am

Please sign up and list the item(s) you will bring!
(by the sign-in book)

Beverages and serving utensils will be provided.
(Please do not bring serving utensils)



October Birthday Party

Cupcakes & Ice Cream

Friday,

October 31, 2025

11:30 am

*Celebrating all
October Birthdays!*

ANNOUNCEMENTS

WINNER, WINNER

Debbie Yohler won a \$10.00 Kroger gift card, courtesy of *Frechette Eye Center*, in this month's *Wellness Drawing*. *Teresa Kleiner* won the word search drawing and *Frances Holsinger* won a coloring book. **Well done!** All winners were chosen by random drawing. If you aren't sure how to enter, please ask! **Winners listed above should see Luan to claim your prize!**



October

Alma Baker
Verna Shacklett
Carol Dale
Nancy Hawhee
Bob Kincaid
Sharon Miller
Pat Barnes
Marcia Hauser
Diana Hamblen
Lisa McGarretty
Rena Cox
Rhonda Grider
Leslie Williams
Becky Williams
Jeff Mexin
Sharon Harrison
Steve Fosbender
Terry Myers
Norma Holmes
Beth Stephens
Mary Cataldi
Rita Winkler
Judy ay MacGreagor
Christy Lee Rice
Shirley Roe
Carol Long
Gloria Simonson
Karen Snead
Ed Gearhart
DJ Parker
Jean Zavoral
Julie Allen
Beth Schutz

**Our Annual Flu Clinic and Health/
Resource Fair will be on Friday,
October 3rd starting at 9:30 am.
(Details on Page 11)**

**Please note:
We will process payments until 2:30 pm
each business day.**

**To get the AAC Chatter online...
Go to [https://franklinin.myrec.com/
info/default.aspx](https://franklinin.myrec.com/info/default.aspx)
Click on View All
Click on the Chatter**

*Please let us know if anyone is missed.
Our apologies as our report is automated.*

PROGRAMMING AND ACTIVITIES

BIBLE STUDY

Tuesday morning at 9:15 am is a time of fellowship and learning under the guidance of AAC member, Karyl Entner. Music, storytelling, and always a Bible passage explained. Meet with this group to share prayer burdens, encouragement and something challenging to take you through the week. **(Library)**

COLORING sheets and “brain-teaser” sheets are available in the Event Room Hall. Return sheets to the blue basket in the entrance for the random monthly prize drawing.

Tea Time

The 3rd Friday of the month at 1:00 pm (ER)
Enjoy teas, treats and conversation!

SERVICE PROJECT CLUB

Members can join in on making/preparing items to donate to charities. We will meet monthly on the first Friday of the month at 11:30 AM **(ER)***
October time will be 1:00 pm

BIRTHDAY PARTY

Party with us on the **last Friday** of the month as we celebrate monthly birthdays.

Cupcakes and ice cream at 11:30 am!

(Event Room)

WILLOW CREEK BAND

Please join us for great music by Willow Creek Band! The last Friday of the month from 12:00—2:00 **(Event Room)**

CRAFTY CLUB WITH STAFF

Tuesday's at 11:45pm. A variety of craft projects will be offered.

Please sign up to participate in crafts. The page will be at our sign in table daily.

We will also take monetary donations during crafts. **(Event Room)**

JOYFUL NOISE SINGERS

Do you like to sing? *Joyful Noise* meets every Monday morning at 10:45 am. Sing along to oldies, classics, hymns, and more. Everyone is welcome! **(AUD)**

Book Mobile—Johnson County Library

Every Month on the 2nd Friday at 1:30 pm (Lobby)

HANDCRAFTERS/QUILTER'S CLUB

Bring your own handcraft such as quilting, knitting, crocheting, etc. and visit with your fellow crafters while creating. Also, a quilt block of the month will be featured. Meets on the second Friday of the month at 11:00 am. There will be a 3 hour block of time for this activity. **(Event Room)**

BOOK CLUB

Book lovers will discuss selected material with Karen. Meets on the 3rd Friday of the month at 11:00 am **(Library)**

LUNCH BUNCH & TRIPS

The latest trip information can be found on page 10.

Come to the AAC!

*“Where the young at heart gather to share old memories
...and make new ones!”*

PROGRAMMING AND ACTIVITIES



BINGO: Play bingo at 1:00 pm on Monday and Wednesday afternoons. Play for regular, special and cover-all wins for a *donation* of \$1.00 per card, up to 4 cards **(Event Room)**

BOARD GAMES: Choose your favorite from the game shelf & gather friends to play.

CARDS:

Monday 11:30 Pinochle **(Game Room)**
Tuesday 11:30 Bid Euchre **(Game Room)**
Wednesday 9:45 Bridge **(Game Room)**
11:00 Hand & Foot **(Library)**
Thursday 11:30 Euchre **(Event Room)**
Friday 11:30 Open Cards **(Game Room)**

See member Lyn Jerkins for more details (willing to teach beginners)

MEXICAN TRAIN DOMINOES: Monday at 11:00 AM. All are welcome to play! **(LI)**

PUZZLES: A jigsaw puzzle is always in progress. Why not add a piece or two? **(LI)**

Sign and date a ticket and deposit into the "Wellness Can" after any group exercise for a chance to win the Wellness Prize \$10.00 Gift Card in the monthly drawing sponsored by Frechette Eye Center. Chair Dancing, Simply Seated, Tai Chi and Chair Yoga all count! Sign and date a wellness ticket each time you exercise for your chance to win!



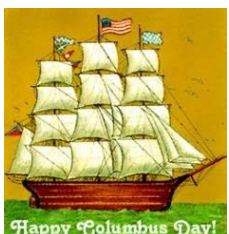
CHAIR DANCING: This dvd-based program meets Mondays, Wednesday and Friday at 9:15. Chair dance and sing along to lively tunes! Good for beginners, those who like a slower, more gentle pace for exercise, and music lovers! Fun for everyone! **(Auditorium)**

CHAIR YOGA: Led by certified yoga instructor and therapist Dee Woods on Tuesday at 10:45 am. Pay \$2.00 per class. Experience the benefits of yoga in a chair based setting. **(Auditorium)**
Chair Yoga Video will be on Thursdays at 10:45. Free on Thursdays **(Auditorium)**

CHAIR EXERCISE: Chair based group exercise program on dvd. Monday, Wednesday and Friday at 10:00 am. Low impact, strengthen core, improve cardio, increase endurance. *(FREE)* **(Auditorium)**

TAI CHI: Slow movement, stretching and mindfulness program to help maintain strength, flexibility and balance. Tuesdays and Thursdays at 10:00 am (Free) **(Auditorium)**

LINE DANCING: Enjoy dancing with DJ Tuesdays at 1:30 pm (Auditorium))

MONDAY	TUESDAY	WEDNESDAY
		1 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-BMO bank 12:00 Lunch MP (ER) 1:00 Bingo-Main St H (ER)
6 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo-Humana (ER)	7 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Crafts with Staff (ER) 1:30 Line Dancing (AUD) 6:8:30 Halloween Night Fun (pg 6)	8 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Flinn Maguire 12:00 Lunch-Astral (ER) 1:00 Bingo-Grand Vic (ER)
13 CLOSED 	14 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Crafts with Staff (ER) 1:30 Line Dancing (AUD)	15 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-SHS (ER) 12:00 Lunch-Compass (ER) 1:00 Bingo-Compass Pk (ER)
20 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- (ER)	21 LUNCH BUNCH 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 1:30 Line Dancing (AUD)	22 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (GR) 11:00 Speaker-Captel-Ron (ER) 12:00 Lunch (ER) 1:00 Bingo –Captel (ER)
27 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo- GVS (ER)	28 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 10:00 Tai Chi (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Crafts with Staff (ER) 1:30 Line Dancing (AUD)	29 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Trivia Contest (ER) 11:30 Pitch –In (ER) 1:00 Bingo -Vita (ER)

THURSDAY	FRIDAY
2 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:00 Learn Euchre w/Lyn (ER) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:30-2:30 A Matter of Balance Class (AUD)	3 9:30 –11:30 Flu Clinic (GR) 9:30—12 Health & Resource Fair (AUD) pg 11 1:00 Service Club (LI) 1:00 Cards/Pool/Games (GR)
9 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:00 Learn Euchre w/Lyn (ER) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:30-2:30 A Matter of Balance Class (AUD)	10 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Handcrafters/Quilter's Club (ER) 12:00 Cora's Travels (AUD) 1:00 Share Your Talent (AUD) 1:30 Book Mobile (LO)
16 TRIP 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:00 Learn Euchre w/Lyn (ER) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:30-2:30 A Matter of Balance	17 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Book Club (LIB) 11:30 Cards/Pool/Games (GR) 12:00 Corn Hole 1:00 Tea Time (ER) 1:00 Bunco (LI)
23 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:00 Learn Euchre w/Lyn (ER) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:30 –2:30 A Matter of Balance	24 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Service Projects (ER) 11:30 Cards/Pool/Games (GR) 12:30 Movie & Popcorn (AUD)
30 9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:00 Learn Euchre w/Lyn (ER) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:30-2:30 A Matter of Balance Class (AUD)	31 9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Cards/Pool/Games (GR) 11:30 Birthday Party (ER) 12:00 Willow Creek Band (ER)

This calendar is subject to change.

We apologize for any inconvenience or errors.

Feel free to call/ask to confirm activities.

AAC Room Legend

Auditorium AUD
 Event Room ER
 Game Room GR
 Library LI
 Lobby LO
 Patio PAT

DON'T DREAM
YOUR LIFE,
quotes.sprouters-quotes-memo.blogspot.in
LIVE
YOUR DREAMS.

AAC ON THE GO 2025

Please read trip information carefully. The *AAC Code of Conduct* applies in its entirety to trips as well as at the AAC. Trips open and sign up begins on the date listed in the newsletter. All sign ups must be made **in person**. Payment terms are noted for each trip. If the trip requires payment at sign up you **must** pay at that time to secure your seat. No seats can be held in anticipation of later payment.

No refunds can be issued unless the **trip** is cancelled. Please ask if you have any questions.

Please arrive 15 minutes before the stated departure time. This information is listed in the trip details.

All passengers on the van are required to wear a seat belt. Courtesy is expected at all times.

TRIPS ARE BACK! Refer to the Chatter each month to verify which trips are open. When the trip seat limit is reached we will be happy to add your name to a "Wait List" to indicate your interest in the trip and you will be notified in order if a seat opens up.

OCTOBER:



Billie Creek Village Covered Bridge Festival, Thursday, October 16, 2025

(Considerable amount of walking for this outing, rain or shine!)

Sign up Monday, October 6, 2025 9:00 am

Cost \$10 plus the cost of purchases, meal and gratuity

Time: Meet at 9:00 am Depart at 9:15 am

Minimum 6, Maximum 19 (14 bus/5 van)

Lunch Bunch: Ye Old Fish House, Columbus, Tuesday, October 21, 2025

Sign up Monday, October 6, 2025 9:00 am

Cost \$4 plus the cost of the meal and gratuity

Time: Meet at 10:30 am Depart at 10:45 am

Minimum 6, Maximum 14 (14 bus)



NOVEMBER:

Wright Brothers Birthplace Museum, Hagerstown, Thursday, November 6, 2025

Sign up Monday, October 20, 2025 Pay at time of sign up

Cost \$ 19 plus the cost of the meal and gratuity

Time: Meet at 9:15 am Depart at 9:30 am

Minimum 6 Maximum 19 (14 bus/5 van)



Brunch Bunch: For the Love of Brunch, Columbus, Tuesday, November 18, 2025

Sign up Monday, October 20, 2025 9:00 am

Cost \$4 plus the cost of the meal and gratuity

Time: Meet at 9:15 am Depart at 9:30 am

Minimum 6 Maximum 14 (14 bus)



RESOURCES

Johnson County Senior Services offers **transportation** for Johnson County residents 60 and older at no charge. Service is door to door and wheelchair accessible. They also offer durable medical equipment and a food pantry. 317-738-4544

The Hub, Impact Christian Church

2800 N. Graham Rd., Franklin

Open every Tuesday, 5-6:30 pm

Food, clothing and more! 317-346-0452

Great Harvest Food Pantry

6766 Us Hwy 31 N, New Whiteland. 317-657-4998

Senior Community Day 12-1:45 pm 4th Friday.

Age 60+; ID required.

Franklin, United, Needham Township Trustee's Office

20 Circle Drive

317-736-7511

Veterans Affairs

The *Johnson County Veterans Affairs* office is here to **assist veterans and their families** with VA disability and educational benefits.

Seneca Harbin, Director

18 W. Jefferson St.

Franklin, IN 46131

Phone: 317-346-4563

Interchurch Food Pantry of Johnson County

211 Commerce Dr., Franklin, IN 46131

Phone: 317-736-5090

Drive-Thru M-F noon to 3 pm

2nd and 4th Saturdays 9 am—11 am



ANNUAL FLU CLINIC WITH HEALTH & RESOURCE FAIR

FLU CLINIC

FRIDAY, OCTOBER 3, 2025

9:30-11 :30 am

Provided by Franciscan Health

GAMES ROOM

Vaccinations for Influenza, COVID & Pneumonia

Please bring your insurance card(s) and ID

**** please note, some insurance restricts where you can get these injections**



HEALTH & RESOURCE FAIR

FRIDAY, OCTOBER 3, 2025

9:30 am—12 noon

AUDITORIUM

Many providers will offer information, give-a-ways, and prize drawings

Please visit the booths for more information!

Food and beverages will be provided!!

Becky Williams
 Leslie Williams
 Tony Farrow
 Barbara Bay
 Mary Wolf
 Tim Darnall
 Patty Darnall
 Claudette Connell

Susan Shull
 Janet Rector
 Pam Young
 Diane Pryor
 Caroline Stipp
 Janet Harris
 Karen Krohn
 Kim Charles



Grape Salad

Audrey Turnmire

2 lbs red seedless grapes
 2 lbs green seedless grapes
 2 8 oz pkg cream cheese
 1/2 cup granulated sugar
 2 tsp vanilla extract
 1/2 cup brown sugar
 1 cup chopped pecans, divided
 In a large bowl, beat softened cream cheese and sour cream until smooth and creamy

Add the sugar & vanilla. Beat until smooth. Fold in the grapes and half of the nuts until coated. Cover with plastic wrap & chill at least 1 hour or overnight. Before serving top with a few extra grapes, halved, nuts & brown sugar. Serve chilled.



Cora's Travels

Thanks to Angie
 & Cora Gibbs for
 presenting!



CLASS OFFERING

A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This is a FREE 8 week course beginning Thursday, October 2nd-November 20th at 12:30pm in the Auditorium. (approximately 2 hour each session)

This program emphasizes practical strategies to manage falls. If you have fallen, concerns about falling or interested in improving your balance, please join the class!

The classes are courtesy of ComForCare.



MANAGING CONCERNS ABOUT FALLS