


December

Fitness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Highlighted classes are located at the Franklin Central Middle School indoor pool.	1 9am – Platinum Zumba 6pm – TBR	2 10am – Chair Zumba 6pm- Tai-Chi 6pm- TBR	3 9am – Platinum Zumba 6pm – CycleFit	4 6:30pm – Zumba Toning	5 9am – Platinum Zumba	6
7 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	8 9am – Platinum Zumba 7:30-8:30pm – Lap Swim 7:30-8:30pm Aqua 2.0	9 10am – Chair Zumba 6pm- Tai-Chi 6pm – TBR (multipurpose room)	10 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	11 6:30pm – Zumba Toning 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	12 9am – Platinum Zumba	13 8:15am – TBR *TBD
14 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	15 9am – Platinum Zumba 7:30-8:30pm – Lap Swim 7:30-8:30pm Aqua 2.0	16 10am – Chair Zumba 6pm- Tai-Chi 7:30-8:30pm – Lap Swim 7:30-8:30pm Aqua 2.0	17 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	18 6pm – TBR (multipurpose room) 6:30pm – Zumba Toning	19 9am – Platinum Zumba	20 8:15am – TBR *TBD
21 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	22 9am – Platinum Zumba 6pm – TBR 7:30-8:30pm – Lap Swim 7:30-8:30pm Aqua 2.0	23 10am – Chair Zumba 12pm- TBR 6pm- Tai-Chi 7:30-8:30pm – Lap Swim	24 Closed	25 Closed	26 Closed	27 8:15am – TBR
28 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	29 9am – Platinum Zumba 6pm – TBR 7:30-8:30pm – Lap Swim 7:30-8:30pm Aqua 2.0	30 10am – Chair Zumba 6pm- Tai-Chi 7:30-8:30pm – Lap Swim 7:30-8:30pm -Aqua 2.0	31 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit			
						 Franklin Parks & Recreation