

February

Fitness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Highlighted classes are located at the Franklin Middle School indoor pool.						
1 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	2 9am – Platinum Zumba 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	3 10am – Chair Zumba 6pm- Tai-Chi 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	4 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	5 6pm – TBR (Multipurpose) 6:30pm – Zumba Toning	6 9am – Platinum Zumba	7 9am – TBR
8 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	9 9am – Platinum Zumba 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	10 10am – Chair Zumba 6pm- Tai-Chi 6pm – TBR (Multipurpose)	11 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	12 6:30pm – Zumba Toning 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	13 9am – Platinum Zumba	14 9am – TBR
15 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	16 9am – Platinum Zumba 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	17 10am – Chair Zumba 6pm- Tai-Chi 6pm – TBR (Multipurpose)	18 9am – Platinum Zumba 6pm – TBR 6pm – CycleFit	19 6:30pm – Zumba Toning	20 9am – Platinum Zumba	21 9am – TBR
22 3-5pm- Open Family Swim 4pm-5pm – Aqua 2.0	23 6pm – TBR 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	24 6pm- Tai-Chi 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	25 6pm – TBR 6pm – CycleFit	26 7:30-8:30pm – Lap Swim 7:30-8:30pm – Aqua 2.0	27	28 9am – TBR
						 Franklin Parks & Recreation