

The Chatter

Engage whatever your age...
helping seniors engage, enrich, and empower their lives!

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February 2026
Active Adult Center
Franklin, Indiana

INFORMATION

MANAGER'S MINUTE

Hello Members,
 "Though, February is short, it is filled with lots of love and sweet surprises"—Charmaine J Forde
 We are continuing the exercises that were taught during the Matter of Balance session. You did not have to participate in the classes to attend this exercise. It is on Thursday's at 12:15pm led by Susi. Come join us.
 AAC members can walk the indoor track at Franklin Parks and Rec Monday thru Friday from 3pm to 4pm.
 Weather closings or delays will be on WTHR, WISH TV (listed as Franklin Active Adult Center) and our Facebook page (Active Adult Center) as soon as the decision is made. Please use your own judgement as to whether it is safe for you to be out. Safety is always first!

Glenna Escher,
 Center Manager



Have you shared your ideas with Glenna yet? Please do!

A Convenience Fee of 3% will be charged on all credit/debit card transactions



CENTER INFORMATION

Active Adult Center 160 Adams St. Franklin, IN 46131
 317-736-3696

Website: www.franklin.in.gov

OPEN Monday through Friday
 9:00 am – 3:00 pm

Ages 55+

Membership fees:

City of Franklin resident \$25/year

Outside Franklin City limits \$50/year

The mission of the *Active Adult Center* is to engage with seniors in promoting healthy aging, social connection and lifelong learning.

CONTACTS

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Franklin Parks & Recreation

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Cora Gibbs

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Rona Martin

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DJ Parker

Laura Haw

Cathy Bailey

You can view *The Chatter* online at mycommunityonline.com to receive it by email, franklinparks.org or pick up a copy at the Active Adult Center or Franklin Parks & Rec.

APPRECIATION

*Thank
You*

BINGO SPONSORS

Franklin Meadows & Hickory Creek
Women of the Moose
The Insurance Guy
Compass Park
Grand Victorian
Humana
Vita of New Whiteland
Main Street Hospice
Greenwood Village South
ComForCare
Altra Home Group
Take A Break Tours

WELLNESS AWARD SPONSOR

Frechette Eye Center

LUNCH SPONSORS

Morning Pointe of Franklin
Shiloh Community Church
Astral at Franklin
Compass Park
Vita of New Whiteland
Main Street Hospice
Cedar Creek
AAC Member Donations

SPECIAL SPONSORS/PARTNERS

Johnson County Senior Services
Franklin Parks & Recreation
Zeta Chapter of Tri Kappa, Inc.
Main Street Hospice
A Senior Retreat

Contact Johnson County Senior Services to learn more about senior transportation opportunities, including transport to the Active Adult Center. (317-738-4544)

Special Thanks
to

Morning Pointe of Franklin

Astral

Compass Park

Franklin Meadows

Hickory Creek

Humana

Grand Victorian

Vita of New Whiteland

Main Street Hospice

Affordable Dentures

ComForCare

Willow Creek Band

Franklin Parks & Rec

Johnson County Senior Services

St Rose Knights of Columbus

AAC Members and Volunteers

ALL sponsors/partners/friends, past, present, and future!

Thank you, Chris for updating us on the new developments at Greenwood Village



SPECIALS

FREE LUNCH FROM AAC

Wednesday, February 4, 2026 Noon

Vita

Wednesday, February 11, 2026 Noon

Compass Park

Wednesday, February 18, 2026 Noon

SPEAKERS

Wednesday, February 4, 2026 11:00 am (ER)
Parker-Home Instead

Wednesday, February 11, 2026 11:00 am (ER)
Blake Reed-Voelz, Reed, & Mount LLC

Wednesday, February 18, 2026 11:00 am (ER)
Jenni-Greenwood Village South

Monday, February 23, 2026 11:45 am (ER)
Rocky Stultz, Parks & Rec

Penny Auction

Jordan-The Insurance Guy

Monday, February 9, 2026 11:45 am

Book Club Selections

February-The Day the World Came to Town
by Jim DeFede

March-The Summer Before the War
By Helen Simonson



Bingo with Humana

Monday, February 2, 2026

Bingo with Main Street Hospice

Wednesday, February 4, 2026

Bingo with Franklin Meadows/Hickory Ck

Monday, February 9, 2026

Bingo with Grand Victorian

Wednesday, February 11 2026

Bingo with Compass Park

Wednesday, February 18, 2026

Bingo with Greenwood Village South

Monday, February 23, 2026

Bingo with Vita Senior Living

Wednesday, February 25, 2026

Valentine's Party

Thursday, February 12, 2025

12:30 pm (ER)

Refreshments

Photo Booth

Valentine's Exchange

King & Queen

Valentine's Bingo

TRIVIA

Wednesday, February 25, 2026 11:00 am

Compete for prizes!

PROGRAMMING AND ACTIVITIES

BIBLE STUDY

Tuesday morning at 9:15 am is a time of fellowship and learning under the guidance of AAC member, Karyl Entner. Music, storytelling, and always a Bible passage explained. Meet with this group to share prayer burdens, encouragement and something challenging to take you through the week.
(Library)

COLORING sheets and “brain-teaser” sheets are available in the Event Room Hall. Return sheets to the blue basket in the entrance for the random monthly prize drawing.

Tea Time

The 3rd Friday of the month at 1:00 pm (ER)

SERVICE PROJECT CLUB

Members can join in on making/preparing items to donate to charities. We will meet monthly on the first Friday of the month at 11:30 AM **(ER)***

BIRTHDAY PARTY

Party with us on the **last Friday** of the month as we celebrate monthly birthdays.

Cupcakes and ice cream at 11:30 am!

WILLOW CREEK BAND

Please join us for great music by Willow Creek Band! The last Friday of the month from 12:00—2:00 **(Event Room)**

CRAFTY CLUB WITH STAFF

Select Tuesday’s at 11:45pm. A variety of craft projects will be offered.

Please sign up to participate in crafts. The page will be at our sign in table daily.

We will also take monetary donations during crafts. **(Event Room)**

JOYFUL NOISE SINGERS

Do you like to sing? *Joyful Noise* meets every Monday morning at 10:45 am. Sing along to oldies, classics, hymns, and more. Everyone is welcome! **(AUD)**

Book Mobile—Johnson County Library

Every Month on the 2nd Friday at 1:30 pm (Lobby)

HANDCRAFTERS/QUILTER’S CLUB

Bring your own handcraft such as quilting, knitting, crocheting, etc. and visit with your fellow crafters while creating. Also, a quilt block of the month will be featured. Meets on the second Friday of the month at 11:00 am. There will be a 3 hour block of time for this activity. **(Event Room)**

BOOK CLUB

Book lovers will discuss selected material with Karen. Meets on the 3rd Friday of the month at

LUNCH BUNCH & TRIPS

The latest trip information can be found on page 10.

Come to the AAC!

**“Where the young at heart gather to share old memories
...and make new ones!”**

PROGRAMMING AND ACTIVITIES



BINGO: Play bingo at 1:00 pm on Monday and Wednesday afternoons. Play for regular, special and cover-all wins for a *donation* of \$1.00 per card, up to 4 cards **(Event Room)**

BOARD GAMES: Choose your favorite from the game shelf & gather friends to play.

CARDS:

Monday 11:30 Pinochle **(Game Room)**

Tuesday 11:30 Bid Euchre **(Game Room)**

Wednesday 9:45 Bridge **(Game Room)**
11:00 Hand & Foot **(Library)**

Thursday 11:30 Euchre **(Event Room)**

Friday 11:30 Open Cards **(Game Room)**

See member Lyn Jerkins for more details (willing to teach beginners)

BUNCO:

Second Friday of the month at 1:00 pm in the (GR)

MEXICAN TRAIN DOMINOES: Monday at 11:00 AM. All are welcome to play! **(LI)**

PUZZLES: A jigsaw puzzle is always in progress. Why not add a piece or two? **(LI)**
(Library)

CHAIR DANCING: This dvd-based program meets Mondays, Wednesday and Friday at 9:15. Chair dance and sing along to lively tunes! Good for beginners, those who like a slower, more gentle pace for exercise, and music lovers! Fun for everyone!

(Auditorium)

CHAIR YOGA: Led by certified yoga instructor and therapist Dee Woods on Tuesday at 10:45 am. Pay \$2.00 per class. Experience the benefits of yoga in a chair based setting. **(Auditorium)**

Chair Yoga Video will be on Thursdays at 10:45.

Free on Thursdays **(Auditorium)**

CHAIR EXERCISE: Chair based group exercise program on dvd. Monday, Wednesday and Friday at 10:00 am. Low impact, strengthen core, improve cardio, increase endurance. **(FREE) (Auditorium)**

TAI CHI: Slow movement, stretching and mindfulness program to help maintain strength, flexibility and balance. Tuesdays and Thursdays at 10:00 am (Free) **(Auditorium)**

LINE DANCING: Enjoy dancing with DJ Tuesdays at 1:30 pm (Auditorium)

Sign and date a ticket and deposit into the "Wellness Can" after any group exercise for a chance to win the Wellness Prize \$10.00 Gift Card in the monthly drawing sponsored by Frechette Eye Center. Chair Dancing, Simply Seated, Tai Chi, Line Dancing and Chair Yoga all count! Sign and date a wellness ticket each time you exercise for your chance to win!

MONDAY	TUESDAY	WEDNESDAY
		
2 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 1:00 Bingo-Humana (ER)	3 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 9:45 Tai Chi w/Mike (AUD) 10:00 Tai Chi Video (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Craft w/Staff (ER) 1:30 Line Dancing (AUD)	4 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker– Parker, HI (ER) 12:00 Lunch-AAC 1:00 Bingo-Main St Hospice (ER)
9 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train ((LI) 11:30 Pinochle (GR) 11:45 Penny Auction—Jordan (ER) 1:00 Bingo-Fr Mdws/H Ck (ER)	10 9:00 Coffee/Chat (ER) Lunch Bunch 9:15 Bible Study (LI) 9:45 Tai Chi w/Mike (AUD) 10:00 Tai Chi Video (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 1:45 Craft with Staff 1:30 Line Dancing (AUD)	11 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker-Blake, R V&M (ER) 12:00 Lunch-Vita(ER) 12:45 Valentine’s Bingo (ER) 1:00 Bingo-Grand Victorian (ER)
16 	17 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 9:45 Tai Chi w/Mike (AUD) 10:00 Tai Chi Video (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Craft w/Staff (ER) 1:30 Line Dancing (AUD)	18 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Speaker –Jenni-GVS 12:00 Lunch –Compass Park (ER) 1:00 Bingo-Compass Park ER)
23 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 11:45 Speaker-Rocky Stultz 1:00 Bingo-Gr Village S (ER)	24 9:00 Coffee/Chat (ER) 9:15 Bible Study (LI) 9:45 Tai Chi w/Mike (AUD) 10:00 Tai Chi Video (AUD) 10:45 Chair Yoga (AUD) 11:30 Bid Euchre (GR) 11:45 Crafts with Staff (ER) 1:30 Line Dancing (AUD)	25 9:00 Coffee/Chat (ER) 9:15 Chair Dancing (AUD) 9:45 Bridge (GR) 10:00 Chair Exercise (AUD) 11:00 Hand & Foot (LI) 11:00 Trivia Contest (ER) 11:30 Pitch-in (ER) 1:00 Bingo-Vita Senior Living (ER)

THURSDAY	FRIDAY	
		<p><i>This calendar is subject to change.</i></p> <p><i>We apologize for any inconvenience or errors.</i></p> <p><i>Feel free to call/ask to confirm activities.</i></p>
<p>5</p> <p>9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:15 MOB Exercise (AUD) 1:00 Richard Simmons Sweating to the Oldies (AUD)</p>	<p>6</p> <p>9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Service Projects (ER) 1:15 Chair Volleyball (ER)</p>	<p>AAC Room Legend</p> <p>Auditorium AUD Event Room ER Game Room GR Library LI Lobby LO</p>
<p>12</p> <p>9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:15 MOB Exercise (AUD) 12:30 Valentine's Party (ER)</p>	<p>13</p> <p>9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Handcrafter's Club (ER) 1:00 Corn Hole (AUD) 1:00 Bunco (ER) 1:30 Book Mobile (LO)</p>	<p>19 TRIP</p> <p>9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:15 MOB Exercise (AUD) 1:00 Richard Simmons Sweating to the Oldies (AUD)</p>
<p>19</p> <p>9:00 Coffee & Chat (ER) 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:15 MOB Exercise (AUD) 1:00 Richard Simmons Sweating to the Oldies (AUD)</p>	<p>20</p> <p>9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:00 Book Club (LI) 1:00 Tea Time (ER)</p>	<p>IF PLAN A FAILS, REMEMBER THERE ARE 25 MORE LETTERS.</p>
<p>26</p> <p>9:00 Coffee & Chat 10:00 Tai Chi (AUD) 10:45 Chair Yoga Video (AUD) 11:30 Euchre (ER) 12:15 MOB Exercise (AUD) 1:00 Richard Simmons Sweating to the Oldies (AUD)</p>	<p>27</p> <p>9:00 Coffee & Chat (ER) 9:15 Chair Dancing (AUD) 10:00 Chair Exercise (AUD) 11:30 Birthday Party (ER) 12-2 Willow Creek Band (ER)</p>	

AAC ON THE GO 2025

Please read trip information carefully. The AAC Code of Conduct applies in its entirety to trips as well as at the AAC. Trips open and sign up begins on the date listed in the newsletter. All sign ups must be made **in person**. Payment terms are noted for each trip. If the trip requires payment at sign up you **must** pay at that time to secure your seat. No seats can be held in anticipation of later payment.

No refunds can be issued unless the **trip** is cancelled. Please ask if you have any questions.

Please arrive 15 minutes before the stated departure time. This information is listed in the trip details.

TRIPS ARE BACK! Refer to the Chatter each month to verify which trips are open. When the trip seat limit is reached we will be happy to add your name to a "Wait List" to indicate your interest in the trip and you will be notified in order if a seat opens up.

LUNCH BUNCH

FEBRUARY:

Greek's Pizzeria & Tapp Room, Franklin, February 10, 2026

Sign up Monday, January 5, 2026 9:00am

Meet at 10:45 am Depart at 11 am

Cost of your meal and gratuity (free bus fee)

Minimum 5 Maximum 14 (14 bus)



MARCH:



Just Peachy Cafe, Shelbyville, March 10, 2026

Sign up Tuesday, February 17, 2026 9:00 am

Meet at 9:45 am Depart at 10:00 am

Cost \$ 4.00 Plus the cost of your meal and gratuity

Minimum 5 Maximum 14 (14 bus)

Athen's Steak House, Franklin, March 24, 2026

Sign up Monday, March 9, 2026 9:00 am

Meet at 10:45 am Depart at 11:00 am

Cost \$ 3.00 Plus the cost of your meal and gratuity

Minimum 7 Maximum 14 (14 bus)



TRIPS

FEBRUARY:

The Historic Artcraft Theater, Franklin, Thursday, February 19*, 2026

(*please note the date change)

An American in Paris starring Gene Kelly

Sign up Monday, January 5, 2025 9:00 am

Cost: Free (Movie compliments of Swartz Family Funeral Service)

Time: Meet at 12:15 pm Depart at 12:30 pm



MARCH:

Trader Baker's Martinsville, IN Thursday, March 5, 2026

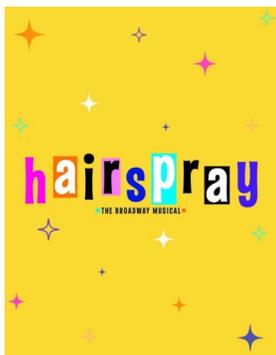
& Sargent Pepper's Chicken

Sign up Tuesday, February 17, 9:00 am

Cost: \$4.00 Plus the cost of your meal, gratuity and any purchases

Time: Meet at 9:15 am Depart at 9:30 am

Minimum 5 Maximum 28



APRIL:

Derby Dinner Theater, Clarksville, IN Thursday, April 9, 2026

Hair Spray

Sign up Monday, March 2, 2026 9:00 am

Cost : \$50.00 due at sign up

Time: Meet at 9:00 am Depart at 9:15 am

Minimum 20 Maximum 28



RESOURCES

Johnson County Senior Services offers **transportation** for Johnson County residents 60 and older at no charge. Service is door to door and wheelchair accessible. They also offer durable medical equipment and a food pantry. 317-738-4544

The Hub, Impact Christian Church

2800 N. Graham Rd., Franklin

Open every Tuesday, 5-6:30 pm

Food, clothing and more! 317-346-0452

Great Harvest Food Pantry

6766 Us Hwy 31 N, New Whiteland. 317-657-4998

Senior Community Day 12-1:45 pm 4th Friday.

Franklin, United, Need-

ham Township Trustee's Office 317-736-7511

By Appointment Only

Veterans Affairs

The *Johnson County Veterans Affairs* office is here to **assist veterans and their families** with VA disability and educational benefits.

Seneca Harbin, Director

18 W. Jefferson St.

Franklin, IN 46131

Phone: 317-346-4563

Interchurch Food Pantry of Johnson County

211 Commerce Dr., Franklin, IN 46131

Phone: 317-736-5090



Monkey Bread Submitted by Donna Crover

4 cans of Grands Cinnamon Rolls (5 ct)

1 cup granulated sugar

2-3 tsp cinnamon

2-3 tsp pumpkin pie spice

1 cup butter

3/4—1 cup brown sugar

Pre heat oven to 350 degrees F.

Open all cans of rolls and cut into eights.

Combine the white sugar with cinnamon & pumpkin pie spice in a 1 gallon ziplock bag (adjust spices per taste). Drop all roll portions into the bag of sugar mixture. Seal the bag and give it a vigorous shake.

Grease/spray with cooking spray a 9 x 13 baking pan.

Place 1/2 of dough into the pan.

In a sauce pan melt the butter and brown sugar. Use medium-high heat. Cook until well combined, while stirring.

Pour 1/2 of this mixture over the dough. Layer the remainder of the dough into the pan and pour the remainder of the butter mixture over the top of the dough.

Bake for 40 minutes until the middle of the pan looks done.

Remove from oven and let rest 5 minutes. Turn over into another 9 x 13 pan or serving platter to serve.

(great with chopped pecans) (aluminum foil under the pan when baking)

(remove the upper rack in oven to allow for rising)

The Service Projects group invites you to participate in
Random Acts of Kindness Week
February 14–20, 2026

Let someone ahead of you
Smile

Random note/text/phone call to someone
Compliment strangers

Thank clerks/support staff in stores/restaurants

Say “hello” as you approach everyone

Hold doors

Pick up litter

Do something nice for yourself

These small acts are free and go a long way in making a difference in someone’s day.

