

June Fitness Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Aquatics classes are located at the Franklin Family Aquatic Center	1 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR	2 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 10am - Chair Zumba	3 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR 6pm - CycleFit	4 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 6:30pm - Zumba Toning	5 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba	6 9am - Total Body Reset (TBR) 9am-11am- Lap Swim/Water Walking 10am - Aquacise
7 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0	8 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR	9 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 10am - Chair Zumba	10 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR 6pm - CycleFit	11 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 6:30pm - Zumba Toning	12 9am-11am- Lap Swim/Water Walking	13 9am - TBR 9am-11am- Lap Swim/Water Walking 10am - Aquacise
14 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0	15 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR	16 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 10am - Chair Zumba	17 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR 6pm - CycleFit	18 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 6:30pm - Zumba Toning	19 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba	20 9am - TBR 9am-11am- Lap Swim/Water Walking
21 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0	22 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR	23 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 10am - Chair Zumba	24 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR 6pm - CycleFit	25 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 6:30pm - Zumba Toning	26 9am-11am- Lap Swim/Water Walking	27 9am - TBR 9am-11am- Lap Swim/Water Walking 10am - Aquacise
28 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0	29 9am-11am- Lap Swim/Water Walking 9am - Platinum Zumba 6pm - TBR	30 9am-11am- Lap Swim/Water Walking 9:30am- Aqua 2.0 10am - Chair Zumba				 Franklin Parks & Recreation