

**Parks
Make
Life
Better!**®

.....
Franklin Active
Adult Center

FRANKLIN ACTIVE ADULT CENTER

Sweet Ladies of the Sweet Treat Patrol



Get in Touch!

160 E. Adams St.
Franklin, IN 46131
Phone: 317-736-3696
www.franklinparks.com

Open

Mon-Fri: 9:00am-3:00pm

**ENGAGE WHATEVER YOUR AGE...HELPING SENIORS
ENGAGE, ENRICH AND EMPOWER THEIR LIVES!**

SEPTEMBER 2026 CHATTER

02 INFORMATION

Center Information

Ages 55+
Membership Fees:
City of Franklin resident
\$25/year
Outside Franklin City limits
\$50/year

Contacts

**Assistant Superintendent
Franklin Parks & Rec**
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**Office Manager and
Newsletter Editor**
Terri Smith
tsmith@franklin.in.gov

Assistants
Cora Gibbs
Susi Hoskins
Debbie Lock
DJ Parker



The Franklin Fire Dept. receives cookies from the Kindness Club

Manager's Minute

COMING SOON! 2026 RESOURCE AND HEALTH FAIR

As summer begins to wind down, we're looking forward to an exciting September at the Franklin Active Adult Center! Be sure to mark your calendars for our **Resource & Health Fair** on Friday, September 25th. Immunizations will be offered and provided through Franciscan Alliance. This is a wonderful opportunity to connect with local organizations, gather information, and learn about resources available in our community.

Please note that the AAC will be **CLOSED** on Monday, September 7th in observance of Labor Day. We hope you enjoy a safe and relaxing holiday with family and friends.

Don't miss an afternoon of great entertainment on Friday, September 18th, when **Mike & Friends** join us for live music. We hope you'll come enjoy the show!

Finally, we want to say thank you to each of YOU – our amazing members. Your kindness, friendships, laughter and willingness to support one another are what make the Franklin Active Adult Center such a special place!

As always, your suggestions are welcomed and appreciated!

Here's to a wonderful September!
Glenna Escher,
Center Manager

To receive **The Chatter** (this monthly newsletter) by email, please go to www.mycommunityonline.com to register.



Karla, Rhonda, Donna & Mary are always willing to help!

AAC Sponsors Are Valued!

WE APPRECIATE YOU

The members and staff of the Franklin Active Adult Center sincerely thank our sponsors for your generosity and support. Because of you, we are able to offer programs and services that make a positive impact on the lives of our seniors. Thank you for believing in our mission, and for being such an important part of our community!



These sponsors support lunch, bingo, presentations, special events, awards and so much more!

AAC Members	Humana
A Senior Retreat	Johnson County Senior Services
Astral at Franklin	Jordan Curtis, The Insurance Guy
Cedar Creek	Main Street Hospice
ComForCare	Morning Pointe of Franklin
Compass Park	Otterbein
Demaree Crossing	Shiloh Community Church
Franklin Meadows	Suburban Health at Home
Franklin Parks & Rec	The Lasting Impressions
Frechette Eye Center	Vita
Grand Victorian	Zeta Chapter of Tri Kappa,
Hickory Creek	Homewell Care Services

And All Sponsors, Community Partners & Friends



Mitzi Christian, from Modern Realty Group, spoke about the importance of downsizing as we grow older.



Madison Pattin, from CICOA, shared info on aging and In-Home Solutions

A special thank you to those who participated in our talent show. What TALENT!!



Karen Anderson & Friends



Mike Murdick & Sally Jennings



Phil Beaman

04 SPECIALS



DO YOU HAVE A PLAN TO STAY SAFE ?

As an older adult, you may have specific needs in case of a disaster. Take Control in 1, 2, 3 . . .

STEP 1: Assess Your Needs

- First, know your risk. Then, understand your needs during emergencies.

STEP 2: Make a Plan

- Develop a comprehensive emergency plan and emergency preparedness kit tailored to your unique needs.

STEP 3: Engage Your Support Network

- Build a strong support network and include them in your emergency planning.

LABOR DAY - AAC will be CLOSED!

MONDAY, SEPTEMBER 7

Marking the unofficial end of summer in the US, and honoring the contributions of workers.

BOOK MOBILE is on a ROLL!

FRIDAY, SEPTEMBER 11 @ 1:30 - SPONSORED BY JCPL

Come explore a wonderful variety of books, discover something new, and just appreciate the joy of reading! It's free, and a great way to keep your mind active!

MIKE & FRIENDS

FRIDAY, SEPTEMBER 18 @ 11:00 / PATIO

Grab a seat, soak up the fresh air, and enjoy some live music with the talents of, Mike & Friends. It's the perfect way to enjoy wonderful music and great friends!

RESOURCE AND HEALTH FAIR

FRIDAY, SEPTEMBER 25 @ 9:30-12:30

Meet local service providers, learn about helpful community resources, receive free health information and screenings. Don't miss this opportunity to focus on your health and well-being.

IMMUNIZATIONS WILL BE AVAILABLE. If interested, bring ID AND insurance card!

Debbie taking advantage of the convenience of having the bookmobile come right to the AAC



SEPTEMBER TRIVIA

The first televised presidential debate between which two candidates happened on September 26, 1960? (Answer on page 12)

Winner, Winner

CONGRATULATIONS!

Word Search: Thelma Sammons

Coloring Book: Donna Crover

Wellness Prize: Gayle Pearson

See Glenna or Terri to claim your prize!

New Members

WELCOME

Sharon Roth	Sharon Kyle
Nyla Hilt	Betty Ann Thorp
Leslie Hercamp	Sarah McClure
Nate Hercamp	Bruce Frazer
Pamela Sanders	Amy Frazer
Linda Breeding	Barbara Hobbick
	Patrick Smith



Kindness Club Service Project

AUGUST'S SWEET TREAT PATROL

The Kindness Club spread a little kindness throughout the community on August 7th. Cookie bags were delivered to local community helpers and service providers in Franklin.

A heartfelt thank you to everyone who baked or donated cookies, helped with deliveries, and supported the Sweet Treat Patrol Project.

Your kindness makes a difference!



Our thoughts and prayers are with the family and loved ones of Norma Holmes during this difficult time. May God's love bring them comfort and peace.

HAPPY BIRTHDAY

Bob Rash
Carol Snyder
Phyllis Parker
Louise Brinkman
Griffith Dean
Elsbeth Mirchandani
Jon Clark
Ronald Whitley
Bea Chandler
Donna Rash
Delia Giddens
Lynn Thompson
James Poletta
Lenora Fosbender

Ricky Jo Hoffman
Sharon Brockman
Brenda Mckain
Kathy Streit
Leslie Hercamp
Donald Peek, Jr
Caryl Dill
Janet Russler
Fran Pinckley
Brenda Luttrell
Kay O'Malley
Maria Wilson
Forrest Lair
Sally Green

Introducing . . .

OUR NEW OFFICE MANAGER & NEWSLETTER EDITOR

A Franklin native, Terri recently returned home with her husband, Patrick, following his retirement from ministry. Together they have 9 children and 12 grandchildren, who keep life busy and full of joy!

Terri brings experience in the medical field, school corporations, and non-profit management. She is excited to be back in Franklin, to get to know everyone at AAC, and become a part of the team!



Stop by and say 'hello' . . . we're so glad to have her!

WELCOME to the TEAM!

06 ACTIVITIES

Bingo

MONDAY/WEDNESDAY/ 1:00 PM EVENT ROOM

Bingo cards are \$1.00 each (suggested donation) with a limit of 4. Regular and cover all play. Special *FREE* seasonal and topical bingo games are offered periodically. Watch for announcement of these bingo specials.

Cards

CURRENT GAMES IN PLAY

PINOCHLE: Monday 11:30 AM (GR)

BID EUCHRE: Tuesday 11:30 AM (LI)

BRIDGE: Wednesday 9:45 AM (GR)

HAND AND FOOT: Wednesday 11:00 AM (LI)

EUCHRE: Thursday 11:30 AM (ER)

CANASTA: Friday 11:00 AM (GR)

See member Lyn Jerkins for further details, including the opportunity to learn card games new to you.

Clubs, Special Interest

BOOKS/READING

BIBLE STUDY: Meets in the library on Tuesday mornings at 9:15 AM with member Karyl Entner.

BOOKMOBILE: JCPL BOOKMOBILE visits are the second Friday of the month at 1:30 PM in the lobby. Borrow and return materials and chat with the librarian.

BOOK CLUB: Book lovers discuss selected material with Karen on the third Friday of the month in the library at 11:00 AM.

LIBRARY: Books and dvds are on loan in the library. Take and return on the honor system. No sign out required.

Trips

One to two monthly Lunch Bunch trips (for up to **12 members**, lunch only) are planned from March through December. (One bus). In addition, one to two larger monthly trips are also planned. These longer trips include lunch and a tour, visit or other activity and have a **limit of 26**. (Two buses.) Trip details including when to sign up, costs, times, etc. are found on pages 10, 11 in the Chatter.

Crafts

CRAFTS WITH STAFF meets on designated Fridays at 10:00 in the Event Room. Samples and sign up sheet are located on the front lobby table. Monetary *donations* welcome.

HANDCRAFTERS/QUILTERS CLUB meets at 11:00 AM on Thursdays in the Event Room. Chat and craft with others while working on your individual craft projects. For crafts of all kinds! Knitting, crocheting, quilting, others. Share ideas and fun!

Music/Dancing **

AUDITORIUM

JOYFUL NOISE: If you enjoy singing this group is for you! Oldies, classics, hymns and more. Monday at 10:45 AM.

CHAIR DANCING: Delightful tunes and gentle dance moves. Singing along adds to the fun. Monday, Wednesdays and Fridays at 9:15 AM.

LINE DANCING Enjoy *Dancing with DJ* on Tuesdays and Thursdays at 1:00 PM.

****NOTE: Line Dancing will now be offered on Tuesdays AND Thursdays!**

Fun on Friday Groups

KINDNESS CLUB: Meet with others to plan and carry out community service projects big and small. Share in the joy of giving back by joining us on the first Friday of the month at 11:00 AM.

TEA TIME: Enjoy teas, treats, and conversations on the third Friday of the month at 1:00 PM.

Walking

AAC members are invited to use the walking track at Parks & Rec from 3:00-4:00.

GAMES

BUNCO

Play with Rona and crew on the second Friday of the month at 1:00 in the Game Room. (GR)

MAHJONG

Meets on Tuesday at 11:00 in the Game Room (GR)

MEXICAN TRAIN DOMINOES

Meets on Monday at 11:00 in the Library. (LI)

"BORED"/(BOARD) GAMES

Not sure what to do? Choose a board game from the shelves in the Game Room and gather friends to play.

Exercise

MEETS IN THE AUDITORIUM AT LISTED TIMES

MATTER OF BALANCE: Exercise program designed to decrease fall risk and fear of falling while increasing activity level among older adults. Meets Tuesday at 12:15 PM.

SWEATIN' TO THE OLDIES 2: Richard Simmons classic program on dvd. Meets Thursday at 1:00 PM.

TAI CHI: An effective simple tai chi movement program. Live with Mike (free) at 9:45 AM on Tuesday followed by the Tai Chi Fit dvd at 10:00 AM. Dvd only on Thursday at 10:00 AM.

Exercise/Seated

MEETS IN AUDITORIUM



CHAIR EXERCISE: This chair based exercise program meets Monday, Wednesday and Friday at 10:00 AM. Low impact, strengthens core, improves cardio and increases endurance. (DVD program featuring senior fitness coach Curtis Adams.)

CHAIR YOGA: Yoga Instructor Dee Woods leads this class in person on Tuesdays at 10:45 AM. Experience the benefits of yoga while seated. Pay \$2.00 per class. A Chair Yoga video will be shown on Thursdays at 10:45 AM. (Free)

PUZZLES, WORD GAMES,

COLORING, MORE

Jigsaw puzzles are always in progress in the Library. Coloring sheets, word search and other "brain games" are available in the Event Room. Turn your sheets in to qualify for a monthly prize drawing. Watch for special brain health sheet challenges!



Using all their skill, strategy, (and luck), Terrie Purdy, Louise Brinkman, and Bea Chandler enjoy an afternoon of Mahjong.

Pop up fun!

HOLIDAYS, CELEBRATIONS, CONTESTS, MORE

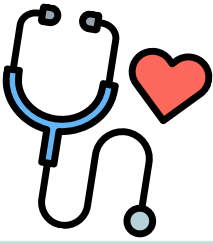
Check the Chatter for wacky holidays (Jelly Bean Day), seasonal and cultural celebrations (Cinco de Mayo), contests (100 word word search) and other surprise activities! Almost any day can be a holiday at the AAC! Join in the fun!

Monthly Contests

For your chance to win a prize in the monthly prize drawings, deposit completed puzzle and coloring sheets in the blue basket on the side table in the Event Room. For the Wellness Award, sign, date and deposit an entry ticket in the labeled box in the Auditorium. *One ticket is earned for each time you complete an exercise activity: chair dancing, chair exercise, line dancing, chair yoga, tai chi, MOB and Sweatin' all count! Watch for additional opportunities for prize drawings in the Chatter.*

08 SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY
	1	2
	9:15 Bible Study (LI) 11:00 Mahjong (GR) 11:30 Bid Euchre (LI) 12:15 Matter of Balance (AUD) 1:00 Line Dancing (AUD)	9:45 Bridge (GR) 11:00 Hand & Foot (LI) 11:00 Paradigm Health (ER) 12:00 Lunch - AAC (ER) 1:00 Bingo (ER) AAC
7	8	9
AAC CLOSED 	9:15 Bible Study (LI) 11:00 Mahjong (GR) 11:30 Bid Euchre (LI) 12:15 Matter of Balance (AUD) 1:00 Line Dancing (AUD)	9:45 Bridge (GR) 11:00 Hand & Foot (LI) 11:00 Ron Renforth-Captel Phones 12:00 Lunch-Morning Pointe (ER) 1:00 Bingo/Grand Victorian (ER)
14	15 Lunch Bunch	16
10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 11:45 Survey Says - Rebecca (ER) 1:00 Bingo / FM & HC (ER)	YOHO GENERAL STORE 9:15 Bible Study (LI) 11:00 Mahjong (GR) 11:30 Bid Euchre (LI) 12:15 MOB (AUD) 1:00 Line Dancing (AUD)	9:45 Bridge (GR) 11:00 Hand & Foot (LI) 11:00 Tina with BMO - 'Fraud' (ER) 12:00 Lunch/Compass Park (ER) 1:00 Bingo/Compass Park (ER)
21	22	23
10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 11:45 Penny Auction (ER) 1:00 Bingo/ComForCare (ER)	9:15 Bible Study (LI) 11:00 Mahjong (GR) 11:30 Bid Euchre (LI) 12:15 MOB (AUD)	9:45 Bridge (GR) 11:00 Hand & Foot (LI) 11:00 Tammy w Homewell - 'Continuous Care' (ER) 12:00 Lunch-Otterbein (ER) 1:00 Bingo (ER) Vita
28	29 Lunch Bunch	30
10:45 Joyful Noise (AUD) 11:00 Mexican Train (LI) 11:30 Pinochle (GR) 11:45 Trivia w Jordan (ER) 1:00 Bingo/Homewell (ER)	DANIEL GIRL FARMHOUSE 9:15 Bible Study (LI) 11:00 Mahjong (GR) 11:30 Bid Euchre (LI) 12:15 MOB (AUD) 1:00 Line Dancing (AUD)	9:45 Bridge (GR) 11:00 Hand & Foot (LI) 11:00 Birthday Recognition/Stories 11:30 Pitch-in (ER) 1:00 Bingo - Red Crest (ER)

THURSDAY	FRIDAY	
3	4	EXERCISE* / AUDITORIUM
11:00 Handcrafters Club (ER) 11:30 Euchre (ER) 1:00 Line Dancing (AUD)	10:00 Crafts with Staff (ER) 11:00 Kindness Club (ER) 11:00 Canasta (GR) 12:00 Board Games with Staff Participate for a chance to win a prize!	9:15 CHAIR DANCING (M,W,F) 10:00 CHAIR EXERCISE (M,W,F) 10:45 CHAIR YOGA VIDEO (TH) 9:45 TAI CHI WITH MIKE (TU) 10:00 TAI CHI VIDEO (TU, TH) 10:45 CHAIR YOGA WITH DEE (TU)
10 TRIP – Derby Dinner	11 NEW! Cardio Drumming	AAC ROOM LEGEND
Heartbreak Hotel – Clarksville 11:00 Handcrafter's Club (ER) 11:30 Euchre (ER) 1:00 Line Dancing (AUD)	11:00 Cardio Drumming (AU) 11:00 Canasta (LI) 1:00 Bunco (GR) 1:00 Bookmobile (LO)	AUDITORIUM (AUD) EVENT ROOM (ER) GAME ROOM (GR) LIBRARY (LI) LOBBY (LO) PATIO (PAT)
17	18	FOOD PANTRIES
11:00 Handcrafters (ER) 11:30 Euchre (ER) 1:00 Line Dancing (AUD)	10:00 Crafts with Staff (ER) 11:00 Canasta (GR) 11:00 Book Club (LI) 11:00 Music w Mike & Friends (PATIO) 1:00 Tea Time (ER)	GREAT HARVEST FOOD PANTRY 317-657-4998 CALL FOR INFO ABOUT SENIOR DAYS INTERCHURCH FOOD PANTRY 317-736-5090 FUN TOWNSHIP TRUSTEE'S OFFICE 317-736-7511
24 TRIP: Marion-Kay Spice	25 HEALTH FAIR	TRANSPORTATION
Marion-Kay Spice Store & Museum 11:00 Handcrafter's Club (ER) 11:30 Euchre (ER) 1:00 Line Dancing (AUD)	 9:30 - 12:30 RESOURCE & HEALTH FAIR	JCSS (SENIOR SERVICES) PROVIDES TRANSPORTATION SERVICES FOR JC RESIDENTS 60+ AT NO COST PLUS FOOD PANTRY, DURABLE MEDICAL EQUIPMENT 317-738-4544
	MISSION	
	LIVING YOUR BEST LIFE AS A SENIOR The mission of the Franklin Active Adult Center is to engage with seniors in promoting healthy aging, social connection & lifelong learning.	This calendar is subject to change. Apologies in advance for any inconvenience or errors.

10 TRIPS

SEPTEMBER LUNCH BUNCH TRIPS

YOHO GENERAL STORE/SOLSBERY

TUESDAY, SEPTEMBER 15/MEET AT 9:45AM, LEAVE AT 10:00AM

SIGN UP: MONDAY, AUGUST 17

COST: \$8.00 for transportation, plus the cost of your meal and gratuity.

The store offers a dining area that serves a deli-style breakfast, lunch, and dinner.

Popular items include oversized breaded tenderloins, stacked burgers, monthly specials, hand-scooped ice cream, and pies.

DANIEL GIRLS FARMHOUSE RESTAURANT/CONNERSVILLE

TUESDAY, SEPTEMBER 29/ MEET AT 9:45, LEAVE AT 10:00

SIGN UP MONDAY, AUGUST 31

COST: \$8.00 for transportation, plus the cost of your meal and gratuity.

Casual restaurant serves up burgers, fried chicken, steaks and pies in a warm, relaxed eatery that's decorated with family photos and farm decor.

OCTOBER LUNCH BUNCH TRIPS

FORD'S GARAGE / AVON

TUESDAY, OCTOBER 6 / MEET AT 10:00; LEAVE AT 10:15

SIGN UP MONDAY, SEPTEMBER 21

COST: \$5.00 for transportation, plus the cost of your meal and gratuity.



Enjoy a fun, nostalgic dining experience where classic American comfort food meets a vintage automobile theme. Juicy burgers, tasty sides and plenty of old-car charm, it's a great spot to relax and enjoy a meal with friends.

ZAHARAKOS ICE CREAM PARLOR & MUSEUM /COLUMBUS

TUESDAY, OCTOBER 20/ MEET AT 10:00; LEAVE AT 10:15

SIGN UP MONDAY, SEPTEMBER 28

COST: \$5.00 for transportation, plus the cost of your meal and gratuity.

Historic ice cream parlor filled with vintage charm and nostalgia. Features old-fashioned treats, a marble soda fountain, and classic diner lunches.



SEPTEMBER TRIPS

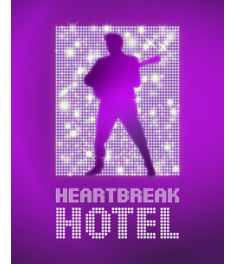
Derby Dinner: Heartbreak Hotel *FILLED, Wait List Only

THURSDAY, SEPTEMBER 10/CLARKSVILLE/MEET AT 9:00AM, LEAVE AT 9:15AM

SIGN UP BEGINS ON July 6

COST: \$50.00/MUST PAY AT SIGN UP/Fee covers transportation, buffet, show.

Who doesn't love Elvis, the King of rock and roll? This bio-musical portrays Elvis in the early days and features 40 hits and iconic songs (That's All Right, All Shook Up, Love Me Tender, Hound Dog, Blue Suede Shoes and, of course, Heartbreak Hotel!) Approximately 2½ hours long, including intermission.



Marion-Kay Spice Store and Museum

THURSDAY, SEPTEMBER 24/ BROWNSTOWN/MEET 9:00AM, LEAVE 9:15AM

SIGN UP BEGINS ON MONDAY AUGUST 17

COST: \$8:00 for transportation plus the cost of your lunch and gratuity.

Marion-Kay imports spices from nearly every region of the world. They blend, grind, mix, bottle, and ship directly from our factory. Most popular spices are the Chicken Seasoning 99-X, Dominant One (all purpose) and Pure Vanilla Extract. Marion-Kay has been making and selling spices and spice blends since 1922 and its headquarters has been Brownstown since 1949. Their Chicken Seasoning is known as a KFC copy. Lunch at The Bearded Hobo. Get a jump on spices for your holiday baking by purchasing and tucking away holiday spices on this trip.



OCTOBER TRIPS

Joe Huber's Family Farm & Restaurant

THURSDAY, OCTOBER 15 / STARLIGHT/ MEET 9:00AM, LEAVE 9:15AM

SIGN UP BEGINS ON MONDAY, SEPTEMBER 28

COST: \$8.00 for transportation plus lunch and gratuity

Known for serving traditional hearty family-style meals, Joe Huber's Family Farm & Restaurant also offers an opportunity to explore the farm and market, and take in the beautiful Starlight countryside.

Not Just Popcorn

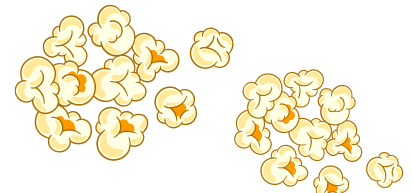


THURSDAY, OCTOBER 29 / EDINBURGH/ MEET 9:15AM, LEAVE 9:45

SIGN UP BEGINS ON MONDAY, OCTOBER 5

COST: \$6.00 for transportation plus lunch, gratuity, AND \$3.00 for the tour & shopping

Not Just Popcorn is the ultimate popcorn store providing hundreds of amazing popcorn varieties - from classic caramel and cheddar to creative choices like dill pickle and cookies & cream. It's a unique little shop where you can sample and take home some delicious treats! Lunch will be at everyone's favorite, Cracker Barrel, followed by a quick stop at the Antique Mall in Edinburgh.



12

PICTURE PERFECT



Lovely Line Dancing Ladies



Gasthof Outing



Kindness Club

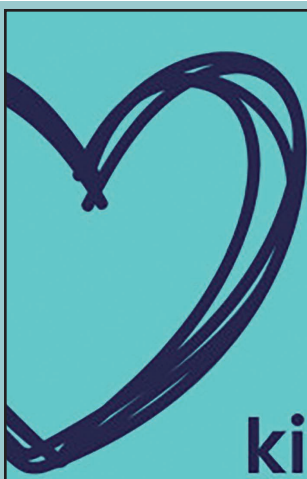


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Vita New Whiteland

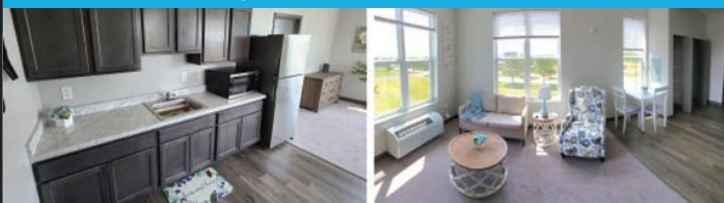
Assisted Living and Memory Care

532 Country Gate Dr • New Whiteland, IN 46184

Designed to foster a sense of community and connection, Vita New Whiteland's Assisted Living and Memory Care is excited to offer luxury apartments at unrivaled rates! Whether you are just beginning your search into senior living, or if your needs are changing, we offer affordable options for all stages of retirement.

SERVICES INCLUDE

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Vita New Whiteland Independent Living

535 Country Gate Dr • New Whiteland, IN 46184

Our Independent Living community is designed to be an active environment for seniors who want to maintain their autonomy, with the peace of mind that additional services are available if/when their needs change.

AMENITIES INCLUDE

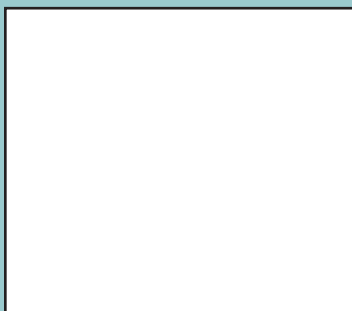
All Utilities Included • Full Kitchen • Washer/Dryer Included
On-site Storage • Pickleball Court • Bocce Ball Court • Dog Park



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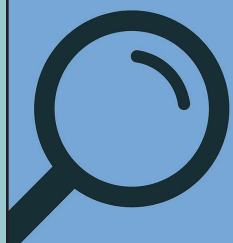
Franklin Active Adult Center, Franklin, IN

01-2040

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